



# 2021 VIRTUAL CONFERENCE

## JANUARY 15-17, 2021

**DAY 1 - Friday January 15, 2021**

TIME	TOPIC	PRESENTER	
12:00 - 2:00	Trade Show		
2:00 - 2:40	Understanding Real vs Feel with Constraints in Training Hitters	<b>Trey Hannam</b> NY Mets Minor League Hitting Coach	
3:00 - 3:40	Outfield Play the Hyper-Focused Way	<b>Brandon Belanger</b> University of Louisiana Monroe Assistant Coach	
4:00 - 4:40	8U-13U Series: Running the Bases for Success	<b>Rich Leitch</b> Ontario Youth Team	
5:00 - 5:40	A Holistic Approach: Off the Field	<b>Kerrick Jackson</b> Southern University Head Coach	
6:00 - 7:00	Trade Show		
7:00 - 7:40	8U-13U Series: Designing Outdoor Practices - Part 1	<b>Scott Robinson</b> Ontario Youth Team	
8:00 - 8:40	Throwing Routines to Develop Consistency, Accuracy, and Velocity	<b>Trent Mongero</b> Glynn Academy High School Head Coach	
9:00 - 9:40	Pitching Data: Positives and Negatives	<b>Brent Strom</b> Houston Astros Pitching Coach	
10:00 - 10:40	Catching: Same Drills; New Methods	<b>Tyler Shewmaker</b> Campbell University Assistant Coach	



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### DAY 2 - Saturday January 16, 2021

TIME	TOPIC	PRESENTER
8:00 - 8:40	Lead-Offs at First and Second Base	<b>Mike Stawski</b> University of Mary Hardin-Baylor Head Coach 
9:00 - 9:40	Difference Makers: Ideas that Win	<b>Chuck Box</b> Hartfield Academy High School Head Coach 
10:00 - 10:40	8U-13U Series: Developing the Complete Hitter	<b>David Quattrociocchi</b> Ontario Youth Team Head Coach 
11:00 - 11:40	How to Individualize Programming in a Team Environment	<b>Rachel Folden</b> Chicago Cubs Minor League Hitting Coach 
12:00 - 12:40	Movements, Not Mechanics	<b>Brent Strom</b> Houston Astros Pitching Coach 
1:00 - 2:00	Trade Show	
2:00 - 2:40	8U-13U Series: Designing Outdoor Practices - Part 2	<b>Scott Robinson</b> Ontario Youth Team 
3:00 - 3:40	A Holistic Approach: On the Field	<b>Kerrick Jackson</b> Southern University Head Coach 
4:00 - 4:40	Team Offense: Playing Offense to Win	<b>Kevin Schnall</b> Coastal Carolina University Associate Head Coach 
5:00 - 5:40	Infield Drills to Develop Smooth Actions of an Infielder	<b>Trent Mongero</b> Glynn Academy High School Head Coach 



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### DAY 3 - Sunday January 17, 2021

TIME	TOPIC	PRESENTER
8:00 - 8:40	How to Train Hitters on Video	<b>Trey Hannam</b> NY Mets Minor League Hitting Coach 
9:00 - 9:40	Team Offense: Video Smorgasbord	<b>Kevin Schnall</b> Coastal Carolina University Associate Head Coach 
10:00 - 10:40	8U-13U Series: Training Defenders Efficiently	<b>Brodie Jeffrey</b> Ontario Youth Team 
11:00 - 11:40	Installing Your System: Practice to Game	<b>Chuck Box</b> Hartfield Academy High School Head Coach 
12:00 - 12:40	Catchers Coming Together	<b>Tyler Shewmaker</b> Campbell University Assistant Coach 
1:00 - 2:00	Trade Show	
2:00 - 2:40	Implementing a Running System to Score More Runs	<b>Mike Stawski</b> University of Mary Hardin-Baylor Head Coach 
3:00 - 3:40	Variable Training to Create Adaptable Hitters	<b>Rachel Folden</b> Chicago Cubs Minor League Hitting Coach 
4:00 - 4:40	Coaching First Base	<b>Brandon Belanger</b> University of Louisiana Monroe Assistant Coach 

### PROUD SPONSORS

