



BC Minor Baseball Association

Coaches Conference



Friday Mar. 26th 5:00 PM - 10:00 PM  
 Saturday Mar. 27th 8:00 AM - 5:00 PM  
 Sunday Mar. 28th 8:00 AM - 2:00 PM  
 Virtual Event Hosted by HQ Enterprise  
 Register here: [REGISTER NOW!](#)  
 Or visit [www.bcminorbaseball.org](http://www.bcminorbaseball.org)



Affiliate Sponsor:



## Friday, March 26th

- Baserunning (Anthony Pluta)
- Empower Our Youth Athletes for Success (Reggie Smith)
- Infield FUNDamentals (Scott MacKenzie)
- Staying Sharp During the Shutdown Pt. 1 (Jeff Krushell)

## Saturday, March 27th

- An Overview of the New NCCP Baseball Canada (Wayne Parro)
- Hitting Warm-up and Progression Drills Pt. 1 (Rick Johnston)
- Coaching Girls/Boys Separate and Together (Marty van-der Loos)
- Youth Baseball and the Mental Side of the Game (David & Jimmy vanOstrand)
- Catching: Receiving and Blocking (Kevin Hussey)
- Making the Outfield Cool Again (David Laing)
- How to Develop your Middle Infield (Kevin Nicholson)
- The Lizard Brain (Gord McFarlane)
- Pitching Grips & Lower Body Power Development for Pitchers (Aaron Myette/Brayden Bouchey)
- Playing and Coaching in the Girls Baseball Program & Promotion of Grassroots Girls Programming (Emily and Stacy Fournier)

PLUS - Live Q&A sessions with a number of our presenters  
 Friday, Saturday, and Sunday!!

## Sunday, March 28th

- Hitting Warm-up and Progression Drills Pt. 2 (Rick Johnston)
- Nutritional Strategies that Fuel Baseball Players (Tavis Piattoly)
- Bullpens for Developing Youth Pitching (Grant Rimer)
- BCMBA Grassroots Survey Update (John Braaten)
- Practice Management Principle from Youth Baseball to High School (Pete Wilkinson)
- Talent and Skill Development Away from the Game (Brad Robinson)
- Fun, Safe Intensive Practice for Young Players (Al Forman)
- Staying Sharp During the Shutdown Pt. 2 (Jeff Krushell)
- Continual Training During Games (Pete Caliendo)

*Winner of Baseball Canada's  
 2020 Event of the Year!*

BASEBALL CANADA

2020 Baseball Canada Event Recognition Award - Méritas 2020 de  
 reconnaissance d'événement de Baseball Canada

BC MINOR BASEBALL COACHES CONFERENCE



2020



\*PLEASE NOTE, SPEAKERS, TOPICS, AND TIMES ARE SUBJECT TO CHANGE