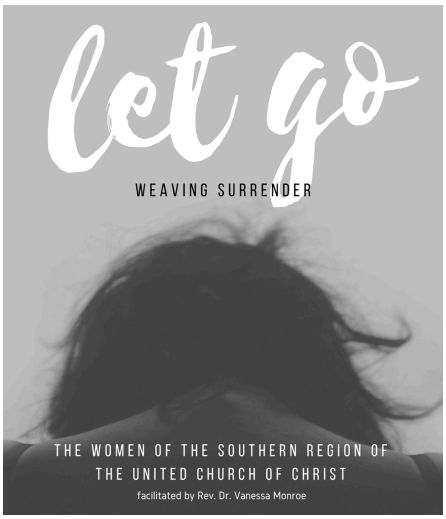


Women of the Southern Region of the United Church of Christ

Let Go: Weaving Surrender

Virtual retreat on Saturday, October 4, 2025, via Zoom.
$ 30

Eastern Time: 9:30 am - 1:00 pm
Central Time: 8:30 am - 12:00 pm

Inspired by Jochebed, mother of Moses, this retreat is a sacred space to practice letting go, sit with mystery, and remember that surrender is the beginning of power.

PAY and REGISTER

About the Retreat:

With the biblical figure Jochebed, mother of Moses, as our guide, we will embark on a profound journey into the sacred art of surrender. Jochebed exemplified ancestral knowing, deep listening, and a fierce, quiet trust even in the face of empire and uncertainty.

Together, participants will have the opportunity to "weave a surrender—strand by strand—with the bitumen and pitch of our lives," learning to listen for the voice of the Spirit as we practice release.

This retreat is a dedicated space to practice letting go, to sit with mystery, and to remember that surrender is the beginning of power. Participants are encouraged to "come ready to weave, come ready to release, and come ready to be transformed".

About the Facilitator:

Rev. Dr. Vanessa Monroe is a visionary pastor, scholar, and spiritual director with over two decades of experience in leading transformational ministry where faith, justice, and community empowerment intersect.

• She serves as the Senior Pastor of Bethel Church UCC, a multicultural congregation.
• Dr. Monroe is deeply passionate about equipping leaders to do relational, restorative, and responsive ministry while also invoking practices that ensure their spiritual and mental wellness.
• She has lectured at Rice University and Garrett-Evangelical Theological Seminary and facilitated workshops at various national forums and faith-based organizations.
• Her diverse writing portfolio includes contributions to legal journals, youth-focused curricula, and essays on religious pluralism. She is also the co-author of *Exodus Women, Volume One: Securing the Sacred – Usable Truths, Secret Pledges, and Clarion Calls*.
• Additionally, Dr. Monroe holds a background in law and engineering and is the Chair of the Board of Trustees at Huston Tillotson University.

Don't miss this opportunity to journey into the sacred art of surrender and discover the power that lies within letting go!