

Presented by

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THE
ART
OF

Conscious Living:

An island retreat for renewal and discovery

A profound transformational experience
in a supportive small-group setting

March 11-18, 2017
Roatan, Honduras



Move beyond fear

Override limiting beliefs, behaviors

Incorporate immediate changes in thought patterns

Become more satisfied and effective in relationships

Learn practical tools to activate healing and well-being

Rediscover your innate capacity to live in the moment



INCLUDES:

- Seven-day retreat
- Lodging
- All meals
- Six yoga classes
- Snorkel tour
- Beach day
- Sunset cruise
- Airport shuttle
- All taxes

Spa Services • Paddleboarding • Kayaking

Double occupancy from \$2,150 if registered by Jan. 15 (Single/quadruple available)



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