

**What will make this year *different* for you?  
See results in 2018!**



Dr. Diane Albano is a highly skilled, certified professional coach and a Life Mastery Consultant.

As a parent, teacher, and leader, Diane's passion is to partner with others to inspire and support individuals who are committed to making a difference in their lives. Her focus is to promote better health and wellness, improved relationships at home and at work, and to have the time, money and freedom to live a life you love.

Take Action Now!

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**Join us for a VISION WORKSHOP**

**Delmar Community Room**

**Monday August 27, 2018**

**Time: 10:00 -12:00 noon**

***Looking for more Balance in your Life?***

***Three Strategies to  
Accelerate Your Results***

In this dynamic COMPLIMENTARY VISION WORKSHOP, you will have an opportunity to define and experience your desire to have more balance in your life!

**You will learn:**

- ✓ Two essential keys for tuning into your purpose.
- ✓ Simple thinking-strategies that will guard you from fear, doubt and worry.
- ✓ How to override the number one factor that causes people to lose steam when going after a dream, and how to stay motivated.
- ✓ The one critical block you must give up in order to reach your dreams.
- ✓ Take away action steps for the next six months.

**Join us at:**

**Delmar Community Room at Berkshire Bank  
255 Delaware Ave., Delmar, New York 12054**

**To reserve your seat, call now at: 518-461-6550 or  
email [Diane@aleaderinyou.com](mailto:Diane@aleaderinyou.com)**