

LifePoints®

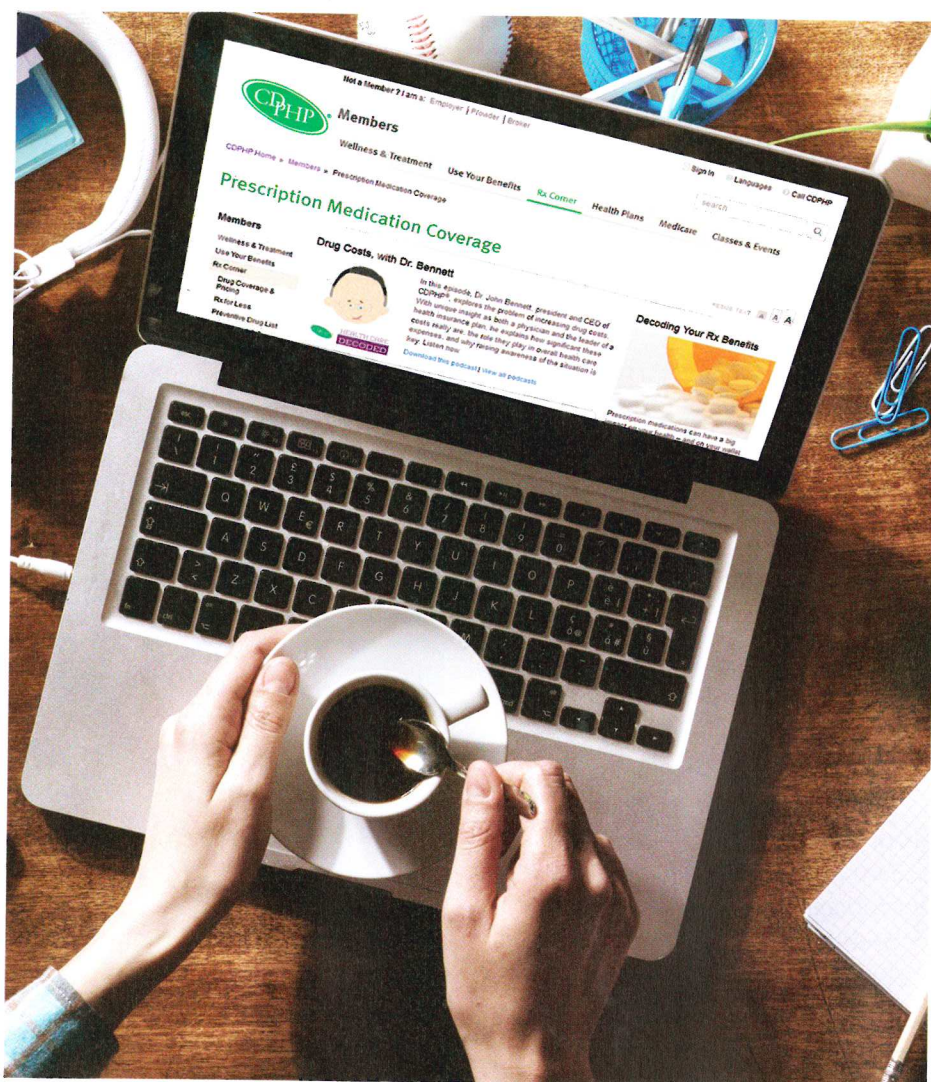
Don't delay cashing in your Life Points®

If you are eligible for Life Points and have not already begun earning or redeeming them, log in to your account at www.cdphp.com and get started today. Please note, Life Points is now part of CaféWell, an interactive health and wellness website.

Healthy activities that can earn you points include:

- ▶ Taking a free CDPHP community wellness class.
- ▶ Getting your annual flu shot or screening, such as for colorectal or cervical cancer.
- ▶ Online health support programs.

Please remember that it can take up to a month for some activities to be credited to your account. Also please note that if you change your CDPHP benefit plan before the end of the year, your points will not carry over to your new plan, so use them before the old plan expires. Rewards should be used for health or wellness purposes.



See what drugs are covered in Rx Corner

To learn all about your prescription drug coverage, visit Rx Corner on www.cdphp.com. There, you'll find drug coverage and pricing, Rx for Less (our discount program for specific generic drugs), information on mail order prescriptions, and more.

Need a doctor?

CDPHP makes every effort to supply members with up-to-date listings of our network doctors at findadoc.cdphp.com and through My CDPHP Mobile, our mobile app. You are also entitled to receive a printed book that contains this information. If you would like one mailed to you, please call CDPHP at the number on the front of your ID card.

An eye on fraud



Insurance fraud hurts all of us. That is why CDPHP has a Special Investigation Unit (SIU) to look into reported abuse of the health care system. If you are aware of physician bills for care that did not occur, a person "borrowing" a member's ID card, or any other attempt to defraud CDPHP, please call the CDPHP Fraud Hotline at **1-800-280-6885**. All calls are held in strict confidence. Thank you.