

## It's competition time again!



We would love to hear your interesting lockdown stories as we have all spent a lot more time than usual at home.

Have you acquired a new skill, have you baked something out of the ordinary or have you embraced a new exercise regime?

Whatever you have been up to, we would love you to share it with us.

The most interesting story will feature in our next newsletter, and in addition, the selected winner will get the opportunity to choose from a **FREE** luxurious at home recipe kit or a Marks & Spencer gift voucher for your next food shop!

So get in touch with us today and let us know what you have been up to.

It is really easy to enter, just send your story, your name and email address to Ellena.

[ellena@cougar-industries.co.uk](mailto:ellena@cougar-industries.co.uk)

We look forward to hearing from you!.