

Press Release
June 7, 2022

**Sherri McMillan, owner of Northwest Personal Training,
purchases building after 22 years of leasing**

Here is the live Facebook announcement

Vancouver, WA Sherri McMillan, the owner and President of Northwest Personal Training, announced the purchase of their building located at 1011 Broadway in downtown Vancouver WA after 22 years of leasing the space. McMillan noted that “purchasing our building provides us the stability we need to continue changing lives in Clark County for decades to come. We love our downtown location and it’s a vibrant and exciting area to offer our health and fitness services.”

McMillan reports “we recently renovated our interior space and are now focusing on redesigning the front of our building to provide better curb appeal and align with the upgrades throughout downtown.”

“Long term goals would be to expand the building vertically to provide more functional space” says McMillan.

McMillan continues “We are celebrating 22 years of fitness, friendships, and fun. Our studio feels more like a fitness family where lasting friendships have formed as a result of people meeting at the studio! We have worked hard to create an environment that is motivating, uplifting, non-intimidating and welcoming. A home away from home, and we’re so excited to now own that home and be able to control all aspects of our environment”

About Northwest Personal Training: Northwest Personal Training has been operating in downtown Vancouver for 22 years and specializes in personalized strength and fitness workouts led by world-class, award-winning trainers. NWPT Personal Trainers provide the type of variety, safety, and accountability that most people need to help them stick to a program long enough to experience great results. The NWPT process that has transformed lives for 22 years, starts by conducting an analysis to review a clients’ posture, and their muscular weaknesses and imbalances. Programming is cutting edge and well-balanced including cardiovascular, muscle conditioning, flexibility, and nutrition coaching. Northwest Personal Training currently offers their services at their studio, outdoors and virtually. They offer one-on-one Private Training, Partner Training

and Small Group Training under the supervision of a personal trainer. The group class schedule includes over 40 classes per week everyday offering programs such as Barre, Yoga, Core, Muscle, Bootcamps, Kickboxing, Rowing, Cycling and more.

Northwest Personal Training has been recognized as the best Fitness and Training Facility in Clark County by both the Columbian Newspaper and the Vancouver Business Journal for years. Additionally, NWPT has been awarded the Better Business Bureau's Business of the Year for their customer service initiatives and the Chamber of Commerce Community Builder Award for their local charitable contributions and community support.

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