

STORY TIME YOGA

Join me for a special story time, followed by some correlated yoga movements! We will focus on strengthing overall coordination, balance, and gross motor skills. In addition, we will be increasing flexibility, mindfulness, and language/vocabulary comprehension! We will end our class with a snack! Please choose one date below and return completed form with payment by 11/24. Registration is limited to 20 students per class, based on a first come basis.

Who: Preschoolers

When: Monday 12/1 or Tuesday 12/2

Time: 2:40-3:40

Where: Room 4-Ms. Rice's classroom

Cost: \$18.00-Cash or Check (checks payable to St. Emily School)

Pickup Location: Door 11

Please Circle One Date Below

MONDAY 12/1 OR TUESDAY 12/2

Student's Name: Teacher:

Parent's Name:

Email: Phone:

Does your child have allergies?

*Please discuss any dismissal changes attendance may have for siblings beforehand. Please communicate changes with the front office and their teacher to eliminate confusion during dismissal time.

not be given a snack by extended care.



Please check if your child will be going to extended care
For students who require extended care after clubs: Parents should sign
up their children as usual. Once the child arrives from the club, the
extended care team will sign them in and the parent will be charged for
time used. If they have missed snack time at extended care, they will