



**For All Girls and Boys — Ages 9 through 14**  
**Monday, January 16, 2023 - St. Emily's Gym**  
**1400 E. Central Mt Prospect, IL**

**Enter through north parking lot, east side**

**Registration at 6:00 PM – Competition at 6:30 PM**

The Mt. Prospect Council 6481 Knights of Columbus invites all girls and boys, ages 9 through 14, to participate in the Council level of competition for 2023 Knights of Columbus Free Throw Championship on Monday, January 16, 2023, at St. Emily's Gym, 1400 E. Central Road, Mount Prospect. Registration starts at 6:00 PM; the competition starts at 6:30 PM. There is no cost to participants. Please enter gym through southeast entrance.

The Knights of Columbus sponsors the Free Throw Championship annually, with Council winners progressing through District, Region, and State competitions. Girls and boys compete in their respective age and gender divisions. Age eligibility is determined by the age of the contestant as of January 1, 2023. Due to Illinois High School Association by-laws, any 14-year-old high school student on an IHSA Basketball team is ineligible to compete in KofC Free Throw Championship.

**Participants are required to furnish proof of age (copy of birth certificate) with written parental consent (Official Entry Form).** The entry form and proof of age will accompany participants through all levels of competition.

All contestants on the Council level will receive certificates for their participation in the event. First place champions also receive medals in their respective age/gender division.

The Knights of Columbus is an international Catholic family fraternal service organization with nearly 1.8 million members in over 17,000 local councils. Last year, Knights donated over 70 million volunteer hours and \$162 million to charitable and benevolent causes, sponsoring projects to benefit their parishes, councils, communities, families, and youth.