

Step Out® Walk to Stop Diabetes

Join us at the **American Diabetes Association Step Out® Walk** on March 21, 2026 at Kapi'olani Regional Park in support of people living with diabetes.

This community event brings together friends, families, and colleagues to raise awareness, support prevention and management efforts, and move closer to a world free of diabetes and its burdens.

Register today at **stepout.diabetes.org/736** and walk with HMAA and others who are passionate about making a difference.

Colorectal Health Awareness

Colorectal cancer is the **third leading cause of cancer-related deaths in the U.S.**, yet it's highly treatable when caught early through preventive screening.



HMAA supports our members' health by offering a **free, at-home FIT kit**, a simple test that checks for blood in your stool and helps determine whether further testing is needed. It's easy to use, confidential, and done in the privacy of your home.

HMAA members **ages 45–75** who have not had a colonoscopy in the past 10 years, a sigmoidoscopy in the last 5 years, or a FIT test in the last 12 months are eligible.

Learn more or request a kit at **hmaa.com/fitkit**.

Prescription Drug Data Collection (RxDC) for Calendar Year 2025



To compile prescription drug data collection (RxDC) reports required by DHHS, HMAA must collect certain information, which is not contained in our systems, from employer groups that offered HMAA medical and/or prescription drug benefits in 2025.

HMAA requests applicable groups complete our online survey by **April 30, 2026**.

Learn more at **hmaa.com/employers/rxdc**.

For assistance, contact Account Management at **(808) 791-4654** or **AccountManager@hmaa.com**.

HMAA®



COMING SOON!

More Convenient Ways to Pay Your Monthly Premiums

Starting April 17, 2026, paying your monthly health insurance premiums will soon be easier thanks to the launch of HMAA's new bill pay system with Paymentus, an intuitive self-service portal with expanded options including:

- Pay by text, phone, or online 24/7
- Visa, Mastercard, American Express, and Discover credit and debit cards*
- Traditional checking and savings accounts
- Set-it-and-forget-it Autopay

As part of this migration, customers **must create a new bill pay account** to view bills online, store your payment method, or enroll in Autopay.

Bills can be viewed and downloaded from our old portal until April 9, 2026. The old portal will not be accessible after April 9, 2026.

Stay tuned for details at **hmaa.com/employers/online-services**.

*Service fee, terms and conditions apply.

