



Proclamation

Mental Health Month, May 2024 - Look Around, Look Within in Elkhorn, Wisconsin

WHEREAS, the area that someone lives in plays a significant role in their overall health and well-being; and

WHEREAS, surroundings can impact if, how, and when a person's needs are met, which in turn affects mental health; and

WHEREAS, having safe, stable, and healthy home conditions set the foundation for achieving and maintaining good mental health; and

WHEREAS, with early and effective interventions, those individuals with mental health conditions can recover and lead full, productive lives; and

WHEREAS, each business, school, government agency, health care provider, organization, and citizen share the burden of mental health problems and has a responsibility to promote mental wellness and support prevention efforts, which includes:

- Wednesday Wellness Walk in Veterans Park from 11:30 am - 12:30 pm
- Light up Elkhorn, use green lights to support Mental Health
- Observing Hope Squad Window Painting downtown Elkhorn, WI
- Interaction with Therapy Dogs at Matheson Memorial Library on Monday, May 13th from 11:30 am - 1:00 pm
- Mental Wellness Book Club

THEREFORE, I, TIM SHIRODA, do hereby proclaim May 2024 as Mental Health Month in Elkhorn, Wisconsin. As the Mayor, I also call upon the citizens, government agencies, public and private institutions, businesses, and schools in Elkhorn, Wisconsin to commit our community to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental health conditions.

A handwritten signature in black ink, appearing to read "Tim Shiroda".

Tim Shiroda

4-16-24
Date