

# RACES

**START  
TIME  
8 AM**

*Check all that apply.*

Race Name	Price*
<input type="radio"/> Early Register Adult 5K .....	\$30
<input type="radio"/> Early Register Adult 1M .....	\$30
<input type="radio"/> Race Day Adult 5K .....	\$35
<input type="radio"/> Race Day Adult 1M .....	\$35
<input type="radio"/> Early Register Child (ages 15 & under) ...	\$20
<input type="radio"/> Race Day Child (ages 15 & under) .....	\$25

*\*Entry fees are non-refundable.*

## T-SHIRTS

**REGISTER BY  
NOV 10**

*Circle all that apply.*

**Adult:** XS S M L XL XXL XXXL

**Child:** S M L XL

T-shirts will be distributed based on registration dates—register early to get the size you want!  
Shirts not guaranteed for Race Day registrations.

## Ways to REGISTER

- Fill out and print off online registration form on FLAC's website ([www.4flac.com](http://www.4flac.com)) and turn into the front desk at FLAC with payment.
- Fill out registration form attached to brochure and turn into the front desk at FLAC with payment.
- Register online at [www.active.com](http://www.active.com). Search **Turkey Trot Elkhorn**.

For questions, call (262) 743-2000 and ask for Stephanie, Front Desk Manager at FLAC, or email [stephanie@flaconline.com](mailto:stephanie@flaconline.com).

## Event SPONSORS



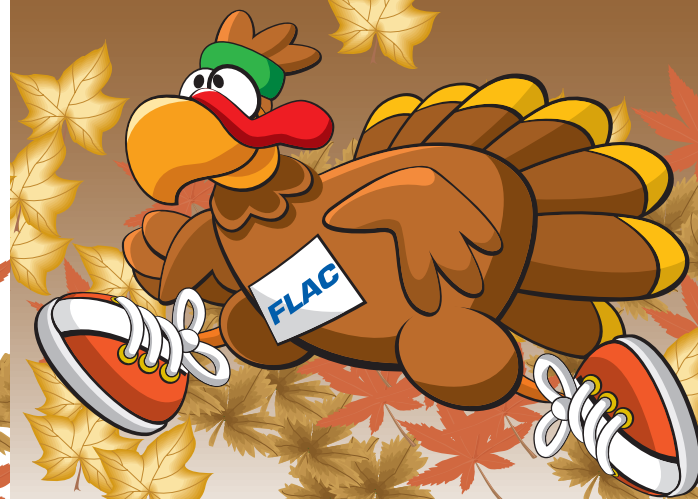
351 East Morrissy Dr., Elkhorn, WI 53121  
[www.4flac.com](http://www.4flac.com) | (262) 743-2000

FLAC Tennis Four Lakes Athletic Club

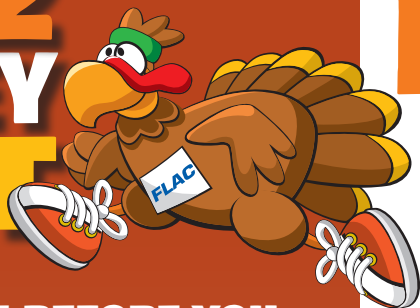
# IT'S BACK!

# 2022 TURKEY TROT

*Thanksgiving Day*



# 2022 TURKEY TROT



**RUN THE RACE BEFORE YOU  
STUFF YOUR FACE!**

*Join us at our Family Fun Turkey Trot on  
November 24, 2022—Thanksgiving morning!*

**WHEN?** **START  
TIME  
8 AM**

**Early Registration: deadline 11/10/22**

**Race Day Registration: 7-7:45 am**

**Race Start: 11/24/22 at 8 am**

*For each registered runner,  
please bring in 2 non-perishable  
items for the Food Pantry.*



## What's INCLUDED

### 5K RUN/WALK

This race is great for the whole family! It offers a wide range of challenges for any type of runner. From beginners to advanced runners this race will push you to achieve your goal.

### 1 MILE FUN RUN DRUMSTICK DASH

If you are interested in participating but are unsure if a 5K would be too much for you, then join us in the Fun Run Drumstick Dash! This one mile run is a fun way to get out and challenge yourself.

### OFFICIAL TURKEY TROT SHIRT

Because shirts are ordered months in advance, we do our best to get you the size you have requested, but we cannot guarantee a specific size. T-shirts will be distributed based on registration dates.

## REGISTRATION

### Participant

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

### Emergency Contact

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_

