

FORGIVEN™

THE TRANSFORMING POWER OF CONFESSION

Saturday, March 14

**Our Lady of Perpetual Help Catholic Parish
13 Brower Drive, Sherwood Park**

Lunch 11:30-12:00

Workshop 12:00-4:00



12:00-1:20

Have you ever felt lost and alone, isolated in guilt? Like the Prodigal Son among the pigs, we know that we have sinned. But God won't leave us there—he searches for us and runs to welcome us home in the Sacrament of Reconciliation.

1:30-2:40

We are not defined by our mistakes. In Confession Jesus invites us to encounter his mercy and be healed by his love. When he tells us "Go and sin no more," he also gives us the grace to do so.

2:50-4:00

Whether you go to Confession regularly or a decade ago, this session guides you step-by-step through the deeper meaning of every aspect of the Rite – what it is, why we do it, and how it impacts your life.

**There is no cost for this workshop
but pre-registration is required, as lunch will be provided.**

Pre-registration deadline: March 9.

Contact: Pat at pat@olph.ca or call 780-467-5470