

## Praying a Psalm

*Use Psalm 61 as an outline. Fill in the blocks.*

*Note: This is a psalm of David. When he refers to the king, he is referring to himself.*

<p><sup>1</sup> O God, listen to my cry! Hear my prayer! <sup>2</sup> From the ends of the earth, I cry to you for help when my heart is overwhelmed. Lead me to the towering rock of safety,</p>	<p><i>List your worries and anxieties here.</i></p>
<p><sup>3</sup> for you are my safe refuge, a fortress where my enemies cannot reach me. <sup>4</sup> Let me live forever in your sanctuary, safe beneath the shelter of your wings! <i>Interlude</i></p>	<p><i>Record instances God has brought you through hard times.</i></p>
<p><sup>5</sup> For you have heard my vows, O God. You have given me an inheritance reserved for those who fear your name.</p>	<p><i>Thank the Lord for the promise of eternal life through Jesus.</i></p>
<p><sup>6</sup> Add many years to the life of the king! May his years span the generations!</p>	<p><i>List your health concerns here.</i> <i>List the health concerns of those close to you.</i></p>
<p><sup>7</sup> May he reign under God's protection forever. May your unfailing love and faithfulness watch over him.</p>	<p><i>Ask for God's protection and healing.</i></p>
<p><sup>8</sup> Then I will sing praises to your name forever as I fulfill my vows each day.</p>	<p><i>Write specific words of praise here.</i></p>

