

## **Annual Conference Backpacks for the Homeless**

It is suggested that the backpack be a large drawstring nylon type of sack that is waterproof if possible or adult size double strap backpack. Contents could include a selection from the suggestions below:

### **MEN**

- Socks – cotton or acrylic/polyester to help dissipate moisture
- White tee shirt (L or XL or XXL)
- New underwear in (L or XL or XXL)
- Band-Aids
- Bacitracin
- Notebook and pen
- Small note cards with envelopes and couple of stamps
- Travel Size
  - Bar of soap
  - Washcloth
  - Small towel
  - Small Toothpaste
  - Toothbrush
  - Single disposable razor
  - Small shaving cream
  - Chap Stick
  - Sunscreen
- Small bottle of water or refillable container
- Rain Poncho

### **WOMEN**

- Socks – cotton or acrylic/polyester to help dissipate moisture
- White tee shirt (S or M or L)
- New underwear in (S or M or L)
- Band-Aids
- Bacitracin
- Pads, tampons
- Notebook and pen
- Small note cards with envelopes and couple of stamps
- Travel Size
  - Bar of soap
  - Washcloth
  - Small towel
  - Toothbrush
  - Small Toothpaste
  - Chap Stick
  - Sunscreen
- Small bottle of water or refillable container
- Rain Poncho

**In addition a Prayer card, small bible (NT), or cross might be added**