



Wildwood Programs Presents: Social Relationships and Sexuality Education Program Fall 2021

Sex Education for People Who are Non-verbal

Wednesday, August 25, 2021 10:00 am – 11:00 am

Presented via Google Meet - meet.google.com/uob-uiin-weu

Presented by Kate Napolitano, MA, LCSW, Social Relationships and Sexuality Educator

Not everyone is able to communicate with speech, and everyone learns differently. Helping people with communication challenges to engage their sexuality with safety and satisfaction is a topic that has presented a few times for us since this new SORSE initiative launched last year. We want to honor that interest with a special spotlight. As a public workshop, this program is limited to being able to provide a general overview and general recommendations only, but we will look at the latest that science and psychology has to offer. Further, we can discuss what options Wildwood and other local agencies may have to be able to help individuals' unique situations, as needed. This workshop is generally targeted for teens, adults, and parents.

Parents, Disability and Sexuality: Helping Parents find the right balance of being supportive and maintaining boundaries as their children emerge into adulthood

Friday, September 24, 2021 12:00 pm – 1:00 pm

Presented via Google Meet - meet.google.com/ivc-skyv-zod

Presented by Kate Napolitano, MA, LCSW, Social Relationships and Sexuality Educator

Being a parent, especially over this last year with so much at-home time, is NOT easy to say the least. While many aspects of parenting are certainly challenging, sexuality is perhaps one of the toughest for many, and for a lot of understandable reasons.

This workshop is appropriate for anyone who is a parent or has a parent. It's meant to be a reflective workshop, where we can all check in about how we're doing with whatever role(s) we have in this very important type of life relationship.

We'll explore issues like: the emotions that can come with parenting children with disabilities, and how they can healthily or unhealthily impact your choices; parent-child communication, and how those dynamics usually demand change as your child grows; how to identify when it's time to make shifts about things like privacy, communication and boundaries; NY State Legal rights pertaining to your growing child. We'll emphasize specific healthy communication skills for parents and their young adult children to continue maintaining, to improve relationship quality overall.

LGBTQIA+, Kink, Poly lifestyles and Disability

Wednesday, October 27, 2021 10:00 am – 11:00 am

Presented via Google Meet - meet.google.com/ohs-pcvq-viz

Presented by Kate Napolitano, MA, LCSW, Social Relationships and Sexuality Educator

This is a general educational workshop for anyone who wishes to improve their awareness and understanding of the broad spectrum of sexual, romantic, and affectionate identities that exist, and how, indeed, having a disability can nuance such lived experiences. For example, people who identify with both the LGBTQIA+ population and with disability can have the experience of a “multiple marginalized identity,” and are typically at an increased risk for discrimination, depression, and other well-being-related issues.

We’ll take a look at some of the basic definitions of a variety of sexual and affectionate identities to increase your comfort with discussing them. The emphasis of this workshop will be that multiple sexual and affectionate identities do exist, and we all have a daily responsibility to treat each other safely and respectfully, no matter our sexuality. However, no one will be specifically encouraged to adopt a particular identity. Everyone is welcome.

We’ll also examine: how to respectfully include the existence of such identities into sex education discussions with your child in ways that also respect your own culture; what can happen for a person with disabilities who realizes they identify with anything considered outside the sexual or affectionate “norms,” and how everyone can best support them. This workshop is generally targeted for teens, adults, and parents.

All workshops will take place via Google Meet

To register:

Please contact Lynn LaFave at 518.640.3370 or fss@wildwoodprograms.org

Within your email include the following:

- 1) Indicate your preferred email**
- 2) Indicate your preferred phone number**
- 3) Indicate title of workshop(s)**
- 4) Interest in training (professional and agency affiliation or family member)**
- 5) Age of child**
- 6) FSS eligible (If family member, does your child/loved one live with you and are they OPWDD eligible.) This is not required to attend the training but we do need to note this for grant purposes.**
- 7) Number of people attending**

To attend, you must click on the Google Meet link at the time of the training. Or call in to the number shared with you upon registration.

(For questions only, please contact Kate Napolitano at 518.640.3346 or knapolitano@wildwoodprograms.org).

SAVE-THE-DATE!

Our Second Annual Conference on Sexuality and Disability will take place all day on **Wednesday, November 17, 2021. Theme and whether online or in-person still TBA.** Generally speaking, we'll host speakers from throughout the Capital Region and beyond who will provide workshops and activities for education on different topics related to sexuality and disability. Keep an eye on our upcoming Fall 2021 program announcements to get all of the details! Our First Annual Conference was a huge success - hope to see you for our second-time around!