MIND & SPIRIT
COUNSELING CENTER

Suicide Awareness and Prevention in Faith Communities

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Resources

Crisis Lines- Available 24/7, 365 days/year

- National Suicide Prevention Lifeline: 800-273-8255 (TALK)
- Three digit 988 direct connection to the National Suicide Prevention Lifeline.
- For the Veteran's Crisis Line: 800-273-8255 and press 1
- Crisis Text Line: Text: TALK to 741741

American Foundation for Suicide Prevention: https://afsp.org

- Statistics: https://afsp.org/suicide-statistics
- Suicide Data for the U.S.: https://www.datocms-assets.com/12810/1649682186-14296_afsp_2022_national_fact_sheet_update_m1_v4.pdf
- Risk Factors and Warning Signs: https://afsp.org/risk-factors-protective-factors-and-warning-signs
- Survivor of Suicide Loss Documentaries: https://afsp.org/international-survivors-of-suicide-loss-day-documentaries

Additional Survivor of Suicide Loss Groups in Iowa: https://afsp.org/find-a-support-group/

Additional Training

- Faith Based Suicide Prevention: Soul Shop https://www.soulshopmovement.org/
- Contact Chris Waddle directly to talk about a training cwaddle@mindspiritcenter.org

- ASIST: (Applied Suicide Intervention Training): https://www.livingworks.net/asist