

Winter Menu 2016

| <u>Week 1</u> | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------------|-------------------------------------------------|-----------------------------------|-------------------------------------------------------|----------------------------------------------------------------------------------------|----------------------------------------------------|
| RED | Chicken curry served with rice and green beans | Homemade soup* or jacket potato** | Breaded fish fingers, mashed potatoes and baked beans | Roast pork, gravy, Yorkshire pudding, stuffing, roast potatoes and seasonal vegetables | Pepperoni pizza, chips, peas and sweetcorn |
| GREEN Meat Free | Chickpea curry served with rice and green beans | Homemade soup* or jacket potato** | Vegetable fingers, mashed potatoes and baked beans | Cauliflower, broccoli and sweet potato cheese bake | Cheese and tomato pizza, chips, peas and sweetcorn |
| DESSERT | Carrot cake with cream cheese topping | Cinnamon Swirl | Yoghurt with fresh fruit puree | Fruit jelly and whipped cream | Fruit selection |

Salad bar available each day.

Fresh milk and fresh bread is available each day.

Raisins, yoghurt and a fruit basket are available daily as an alternative dessert.

***tomato, pumpkin/squash or chicken noodle soup**

**** tuna, cheese or baked beans**

Winter Menu 2016

| <u>Week 2</u> | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------------|----------------------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|--------------------------------------------|
| RED | Pork sausages, mashed potato and peas | Homemade soup* with crusty bread | Homemade chicken, bacon and sweetcorn pie served with new potatoes and vegetables | Roast beef, gravy, Yorkshire pudding, stuffing, roast potatoes and seasonal vegetables | Battered fish, chips and baked beans |
| GREEN Meat Free | Cheesy topped jacket potato with baked beans | Tomato and basil pasta served with salad and crusty bread | Homemade country vegetable pie served with new potatoes and vegetables | Stuffed peppers, roast potatoes and seasonal vegetables | Battered fish, chips and baked beans |
| DESSERT | Chocolate and pear brownie | Fruit cheesecake | Fresh fruit medley | Apple, cheese and crackers | Yoghurt and honey |

Salad bar available each day.

Fresh milk and fresh bread is available each day.

Raisins, yoghurt and a fruit basket are available daily as an alternative dessert.

***tomato, pumpkin/squash or chicken noodle soup**

**** tuna, cheese or baked beans**

Winter Menu 2016

| <u>Week 3</u> | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------------|--------------------------------------------------------|-----------------------------------|----------------------------------------------------------------|-------------------------------------------------------------------------------------------|----------------------------------------------------------------|
| RED | Chicken Enchilada served with savoury rice and salad | Homemade soup* or jacket potato** | Tomato and basil pasta served with salad and crusty bread | Roast chicken, gravy, Yorkshire pudding, stuffing, roast potatoes and seasonal vegetables | Pork sausage hot dogs, potato wedges, coleslaw and salad |
| GREEN Meat Free | Vegetable Enchilada served with savoury rice and salad | Homemade soup* or jacket potato** | Roasted vegetable and tomato pasta with salad and crusty bread | Lentil loaf, roast potatoes and seasonal vegetables | Vegetarian sausage hot dogs, potato wedges, coleslaw and salad |
| DESSERT | Chocolate sponge served with chocolate custard | Raisin and apple flapjack | Melon and fruit medley | Homemade gingerbread biscuit with hot chocolate | Ice cream with wafer and sauce |

Salad bar available each day.

Fresh milk and fresh bread is available each day.

Raisins, yoghurt and a fruit basket are available daily as an alternative dessert.

***tomato, pumpkin/squash or chicken noodle soup**

**** tuna, cheese or baked beans**