



New Mexico
Pediatric
Society

The New Mexico Chapter of the
American Academy of Pediatrics

2025 Wylder Lecture Series

Speakers



AMY ROUSE, MD

Child Psychiatry Access Programs: Resources for Pediatricians Taking Care of Kids With Mental Health Needs

Amy Rouse, MD is an assistant professor in the Department of Psychiatry and Behavioral Science at University of New Mexico. She completed her post-graduate training in pediatrics, adult psychiatry and child and adolescent psychiatry at Brown University in 2019. She is the medical director for the inpatient pediatric consult liaison service at the UNM Children's Hospital where she sees medically complex patients with psychiatric needs. She is passionate about improving mental and behavioral health outcomes for all youth, and to that aim works on the HRSA-funded New Mexico Access to Behavioral Health Care (NM-ABC) program and co-developed services integrating child psychiatry into outpatient pediatric settings in Rhode Island and New Mexico. She also works clinically as an outpatient telepsychiatrist sub-contracted with the Indian Health Service.



ANDREW JOHN MAXWELL GREGORY, MD, FAAP, FACS, FAMSSM

Lifting Heavy: The Ups and Downs of Supplements and Injuries
How much is too much? Stress Fractures in Young Athletes

Andrew Gregory, MD, FAAP, FACS, FAMSSM completed a Bachelor of Science in Chemistry at Indiana University and received his Doctor of Medicine from the University of Alabama School of Medicine. He then finished a pediatric residency at the University of Alabama in Birmingham before his fellowship in Primary Care Sports Medicine at the American Sports Medicine Institute. He joined the Vanderbilt Faculty in August 2001 where he sees young sports medicine patients in the Vanderbilt Sports Medicine Center and the Pediatric Orthopedic Clinic at Vanderbilt Children's Hospital.



HEIDI CHAMBERLIN, CO-FOUNDER SWEETPEA SOLUTIONS

Denied but Not Defeated: Fixing Common Denials in Pediatric Billing

Heidi Chamberlin is a dynamic healthcare leader with over two decades of experience in medical billing and revenue cycle management. As one of the co-founders of SweetPea Solutions, she specializes in pediatric billing, helping practices streamline operations, reduce claim denials, and maximize revenue. With a deep understanding of billing regulations and practice management, Heidi excels at consulting, offering tailored strategies to improve financial performance and operational efficiency.

A seasoned speaker, Heidi has shared her expertise at numerous industry events, including Women in Pediatrics, The Pediatric Management Institute, PCC User's Conference, multiple state AAP conferences, and previously has spoken at the NCPeds Practice Managers Retreat. She has also presented at various other healthcare events, where she provides actionable insights to help providers navigate the complexities of medical billing. Passionate about advocacy and education, Heidi is committed to empowering pediatric professionals with the tools they need to succeed.



MARTHA L. MULLER, MD

Vaccine Preventable Illnesses: Measles, Influenza and Pneumococcus, Oh My!

Dr. Muller is a Professor of Pediatrics at the UNM Children's Hospital in the Department of Pediatrics. With more than 15 years of experience treating children with various infectious diseases, she is passionate about service to the children of New Mexico. She is honored to serve as the UNM Children's Hospital Epidemiologist and Pediatric Antimicrobial Stewardship Medical Director, in addition to her cherished service as the Division chief for Pediatric Infections Diseases and Allergy/Immunology, as well as Interim Division chief for Pediatric Pulmonary. She has provided numerous lectures on various Pediatric Infectious Diseases topics and is excited to speak at the 2025 Wylder Lectures.



MOLLY MAENCHEN, MD, FAAP

Pediatric Cardiology “Red Flags” for the General Pediatrician

Molly Maenchen, MD is a native New Mexican who received her MD from the University of New Mexico. She completed residency and pediatric cardiology fellowship at Phoenix Children's Hospital. She joined the Presbyterian Pediatric and Congenital Heart Disease team in 2023, where she practices fetal and pediatric cardiology.



OLIVIA SHADID, MD

Child Psychiatry Access Programs: Resources for Pediatricians Taking Care of Kids With Mental Health Needs

Olivia Shadid, MD is an assistant professor of psychiatry at the University of New Mexico School of Medicine, where she practices child & adolescent psychiatry. Through her Indian Health Service telehealth clinics, she serves patients of all ages from the Navajo nation. She has a particular commitment to serving survivors of human rights abuses, including asylum-seekers, refugees, and indigenous communities. Dr. Shadid contributes to efforts to improve the mental health of children at a community-level via federal- and state-funded projects such as NM ABC and Project ECHO.



SOPHIE PETERSON, MD

Narrative Medicine: An Art-focused Tool for Clinician Self-care

Hailing from Taos, New Mexico, Sophie Peterson received her MD from the University of New Mexico in 2007, and completed her OBGYN residency in Florida in 2011. She received her CPA in Narrative Medicine from Columbia University in 2024. She is currently studying with the UNM Arts-In-Medicine program as well as completing her training as a Physician Peer Coach.

She has a strong background in dance performance, creative writing and the humanities, as well as natural health practices and a holistic approach to her medical practice.

She currently practices part-time OBGYN in various New Mexico hospitals, both urban and rural. She also spends time raising two crazy boys, organizing one crazy husband, and feeding seven crazy hens at her home in the Rio Grande Valley in Albuquerque, New Mexico.



RAZAN H. ALKHOURI, MD

Dysphagia in Children, Behind a Simple Cough or Refusal to Eat May Lie a Hidden Disorder Affecting a Child's Ability to Swallow Safely

Razan Alkahouri, MD is the Division Chief of Pediatric Gastroenterology and an Associate Professor of Pediatrics at the University of New Mexico, practicing primarily at UNM Hospital. She was born and raised in Jordan and completed my medical education at Jordan University for Science and Technology. She then pursued my Pediatric Residency and Pediatric Gastroenterology Fellowship at the University of Buffalo, NY. Following fellowship where she served as an Assistant Professor of Pediatrics at the Digestive Diseases and Nutrition Center at the University of Buffalo, and later practiced at Presbyterian Medical Group. In 2019, she joined the University of New Mexico, where she has been practicing ever since.

Her clinical and research interests focus on inflammatory bowel disease (IBD) and advanced endoscopy. She is passionate about improving the lives of children with IBD, which inspired me to engage in both clinical and bench research. My work on oxidative stress in IBD earned me the NASPGHAN Young Investigator Award, reinforcing my commitment to understanding and advancing treatments for this complex condition.

Teaching and mentoring are central to her professional mission. As Division Chief, she takes pride in mentoring students, residents, and junior faculty, fostering their growth and cultivating a collaborative and supportive environment within the division.



THERESA H. CRUZ, PHD

Firearm Safety: Why ask about Guns in the Home?

Theresa Cruz, PhD, is an epidemiologist and research professor and serves as Deputy Director of the UNM Prevention Research Center. She has more than 20 years of experience in community-engaged research and evaluation, and is passionate about injury and violence prevention. Her recent research has focused on early childhood home visiting, infant safe sleep, and upstream prevention methods. Dr. Cruz received a Doctorate of Philosophy in epidemiology from the University of North Carolina – Chapel Hill.



VIRGINIA MOYER, MD

Let's Just Get a Few Tests: Safely Doing Less in Pediatrics

Virginia A. Moyer, MD is a recently retired Professor of Pediatrics and Public Health at the University of North Carolina, and was Vice President for Maintenance of Certification and Quality at the American Board of Pediatrics. A graduate of Rice University and Baylor College of Medicine, she trained in Pediatrics at Children's National Medical Center in Washington, DC and subsequently joined the faculty of Baylor College of Medicine and of the University of Texas at Houston. Dr. Moyer is a former member (2002-2008) and chair (2011-2014) of the US Preventive Services Task Force, and is the former Associate Editor of the journal Pediatrics.

She has extensive expertise in evidence-based medicine, guideline development, health care quality, and patient safety, and has authored more than 120 scientific publications. Dr. Moyer was the first Chief Quality Officer for Medicine at Texas Children's Hospital, and was the Associate Director of the Center for Clinical Research and Evidence-Based Medicine at the University of Texas-Houston. Among her awards are the Leonard Tow Humanism in Medicine award at UT Houston, being named a Time Magazine "Person of the Year/People Who Mattered" in 2011, and being named a Rice University Alumni Laureate in 2016.



Diondra Maestas, MS CCC-SLP, NLP, NTMTC

Dysphagia in Children, Behind a Simple Cough or Refusal to Eat May Lie a Hidden Disorder Affecting a Child's Ability to Swallow Safely

Diondra Maestas, MS CCC-SLP, NLP, NTMTC was born and raised in New Mexico and received all of my education (undergrad and grad) at UNM. Go Lobos! She has been a Speech-Language Pathologist for the past 9.5 years. She started her career at Carrie Tingley Hospital working on the inpatient rehab team with the birth to 21 population. She also provided feeding therapy within the outpatient feeding clinic at Carrie Tingley Hospital. She is currently working in the pediatric acute care setting at the University of New Mexico Hospital where she provides speech services for multiple pediatric units including the Mother-Baby unit, Newborn Nursery, Pediatric ICU, Newborn ICU, Peds Specialty Unit, General Pediatric Unit, Post Anesthesia Care Unit, and Pediatric Emergency Department.

She provides onboarding support and precept fellow SLPs on various departmental competencies including tracheostomy/ventilator dependent patients, pediatric modified barium swallow study (MBSS), and pediatric fiberoptic endoscopic evaluation of swallow (FEES). She also provides ongoing education via in-person presentations for nursing staff, residents, attendings, medical students, and other hospital staff where she discusses the scope of practice and services that the Speech Pathologist can provide in the acute pediatric setting. She is a NOMAS (Neonatal Oral-Motor Assessment Scale) licensed professional, a Neonatal Touch & Massage Therapist Certified (NTMTC), a certified lactation education counselor (CLEC) and she is an adjunct professor at UNM. She has developed the course material and currently provides in-person lectures for the Craniofacial Speech Disorders class for the master's degree program in Speech-Language Pathology.