FIELD DAY!

Parent Volunteer Form

We need volunteers to help in a variety of areas including, but not limited to:

- Set-up
- Clean-up
- Helping with activities/stations

Please consider volunteering for field day. Schedule is as follows:

- 7:00-8:00 a.m. - Field set-up
- 8:00-8:30 a.m. - Meet with volunteers
- 9:05-9:15 a.m. - Assign students to groups
- 9:30 a.m.-1:00 p.m - Let the games begin!

Thank you in advance for helping us make it a great experience for all involved!

___ Yes, I can help with field day on Friday, May 31st (RAIN DATE JUNE 7)

___ I am interested in running a station.
___ I am interested in assisting a station.
___ I can be a floater and help with grade levels groups.
___ I will help with set-up and clean-up.
___ I can donate extra bottles of water.
___ OTHER (Put me anywhere!)

Thanks so much!

Ms. Rousseau & Mr. Szep

Name ________________________ Child’s name ________________________

Child’s Teacher ______________ Email for Contact: _____________________
Dear Parents and Guardians,

The Wellness Team is excited to bring ALL ConVal Elementary schools together for a day of fun, exercise, and healthy activities. Over 700 children will be participating, along with staff and volunteers. We look forward to working and playing with your children on Friday, May 31 with a rain date of Friday, June 7th.

Students will need to be at school by 8:40a.m. in order to leave school at 9:00. Students will return to school around 1:30 p.m. and will take their regular bus home.

Your children will need to bring the following with them:
- A water bottle, filled. (There will be refill stations.)
- Sunscreen- please apply first coat at home. Put your child’s name on their bottle, students will be prompted to re-apply independently.
- Sneakers, extra clothes, and a hat.
- Bag lunch with extra snacks. Include an ice pack if you can.
- A beach towel to sit on during lunch (optional).

School nurses and school personnel will be present for this event.

There will be water activities, and your child may get WET. Students are given the option of getting wet or not.

We are looking forward to bringing all ConVal Elementary Schools together to build community and make new friends. Thank you to our PTO, families, and staff for ongoing support!

Sincerely,
The CVES Wellness Team
Scott Britton (BES/DCS), James Clough (FES/TES), Elsa Johnson (AES), Kelly Parker (GES/HES), Tanya Rousseau (PES), and John Szep (PES)
I, ________________________, have read this information and understand that my child will be at CVHS on May 31st (or rain date, June 7th) for CVES 2019 Field Day.

I understand that Fresh Picks, our district cafe services, will be providing students with a lunch. Both choices come with an apple and milk if desired. If you want either or both please indicate it below your choice. (Please note, regular breakfast and lunch rates will apply.) ALSO, Fresh Picks will be providing a fresh fruit snack during the day as well. If there are any specific dietary needs please speak with the person at your school who oversees school lunches.

_____ Yes, I would like my child to get a school lunch.
(Both choices come with an apple and milk if desired. Please indicate below choice.)

_____ Lunch Box (Pizza Stacker- cheese stuffed breadstick with sauce, pepperoni, fresh veggies)

______ apple ______ milk

_____ Sun Butter and Jelly Sandwich Bagged Lunch (comes with baby carrots and ranch dressing)

______ apple ______ milk

_____ Yes, I would like my child to get a school breakfast/Grab-N-Go

_____ I will provide breakfast/lunch for my child and I will send with my child


Please print your child's name

__________________________

Child's Teacher

__________________________

Parent/Guardian Signature

__________________________

Date
FIELD DAY
EMERGENCY INFORMATION

Student Name__________________________________________

Parent Name__________________________________________

A Parent can be reached at this/these numbers DURING the field trip. _________________________________

____________________________________________________

____________________________________________________

ALLERGIES we need to be aware of?____________________

____________________________________________________

____________________________________________________

Medications needed during the trip?____________________

____________________________________________________

____________________________________________________

My Child has permission to attend Field Day, I have filled out the information requested below.

Parent Signature______________________________________