

IN-NETWORK INSURANCE PLANS

Insurance Carrier	BOWIE	SILVER SPRING	NAVY YARD	LAUREL	NO. POTOMAC
AETNA PPO	OON	X	X	X	X
AMERITAS	X	X	X	X	X
ANTHEM Blue Cross Blue Shield	X	X	X	X	X
ASSURANT DHA/SUNLIFE Financial	X	X	X	X	X
Blue Cross Blue Shield	X	X	X	X	X
BLUE Dental	X	X	X	X	X
CAREINGTON 500/POS/HIP-VIP/PPO	X	X	X	X	X
CAREFIRST Administrators	X	X	X	X	X
CIGNA PPO	X	X	X	X	X
DENTAL Benefits Providers	X	X	X	X	X
DELTA Dental PPO	X	X	X	X	X
DENTEGRA local 25, Retiree & Laborers #2	X	X	X	X	X
FEP BLUE Dental	X	X	X	X	X
GEHA PPO	X	X	X	X	X
GROUP DENTAL SERVICES (GDS)	X	X	X	X	X
GUARDIAN PPO - Dental Guard Preferred	X	X	X	X	x
HEALTHMARKET Dental	X	X	X	X	X
HUMANA PPO/Federal Advantage/Erickson Advantage (Medicare)	X	X	X	X	X
LINCOLN Financial (United Healthcare)	X	X	X	X	X
MANHATTAN Life	X	X	X	X	X
MARYLAND Healthy Smiles	OON	OON	OON	X	OON
METLIFE PDP+ and FEDVIP	X	X	X	x	X
MY TEAM Care	X	X	X	X	X
NCAS	X	X	X	X	X
PHYSICIAN'S Mutual	X	X	X	X	X
PRINCIPAL	X	X	X	X	X
RELIANT Dental Standard	X	X	X	X	X
RENAISSANCE	X	X	X	X	X
SOLSTICE - United Healthcare Network	X	X	X	X	X
SUNLIFE PPO - DHA Network	X	X	X	X	X
UMR - United Medical Resources	X	X	X	X	X
UNICARE PPO	X	X	X	X	X
UNITED Concordia Alliance PPO - DHA NTWK	X	X	X	X	X
UNITED Concordia Fee for Service	X	X	X	X	X
UNITED Concordia Tricare Military	OON	OON	OON	X	OON
UNITED Healthcare PPO	X	X	X	X	X
UNUM Dental	X	X	X	X	X
VETERANS Affairs (VA Insurance)	x	x	x	x	x

*OON = Out of Network

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