

# Palliative Care ECHO Series

## *Journeying Toward End-of-Life: Meaning of Food and Fluids*

with Marlene Benvenuto, RN  
CHPCN(C) Palliative Care Educator,  
Ontario Health atHome



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This session will explore the complex issues surrounding nutrition and hydration in end-of-life care. After reviewing the signs and symptoms of approaching end-of-life, participants will gain a comprehensive understanding of the impact of decreased appetite and weight loss on patients and families as well as the stages of cachexia syndrome. Practical interventions to support patients and families in managing intake challenges will also be discussed and applied to a case study.

## JOIN ON ZOOM



**September 24, 2024**



**12 pm - 1 pm EDT**



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