

NORTH WEST GRIEF & BEREAVEMENT COMMUNITY OF PRACTICE

PRESENTS

Shine a Light on Disenfranchised Grief: Supporting Healing After Death by Suicide and Substance Use

Deaths from suicide and substance use can carry a unique burden - one often compounded by stigma, sudden shock, and complex trauma.

This session explores the distinct realities of traumatic grief and offers practical, compassionate frameworks to support individuals and families. Together, we will discuss evidence-informed approaches to process profound grief with honour, empathy, and hope.

KEY AUDIENCE: HEALTH & SOCIAL CARE PROVIDERS

VIRTUAL EDUCATION SERIES



Claudia Otto
Certified Grief
Counsellor



Date

November 12, 2026



Time

12:00PM - 1:30PM ET

REGISTER AT
CERAH.LAKEHEADU.CA/EVENTS



ST. JOSEPH'S CARE GROUP

NORTH WEST REGIONAL
PALLIATIVE CARE PROGRAM



Lakehead
UNIVERSITY

Centre for
Education and Research
on Aging & Health