This program was uniquely designed by and for people living with dementia, family, and friends to be a safe, welcoming space to create relationships

There is no fee and no eligibility criteria to attend a Café. All we need is your name for a name tag!

CONTACT US

for more information

dementia.cafe@lakeheadu.ca

(807) 343-8010
ext. 7271

Dementia Cafe:
A Place to Belong

LOCATION

Urban Abbey
308 Red River Rd.
Thunder Bay, ON

DEMENTIA CAFÉ
A PLACE TO BELONG



Dementia Café:

A Place to Belong

The perfect setting to meet new people, make new friends, and make lifelong connections.

FEATURING

- Live music, art, and games

- Great conversation

- Delicious coffee and pastries

COME JOIN US
3 SUNDAYS A MONTH
FROM 2 PM - 4 PM



Dementia Café is hosted by:

Lakehead UNIVERSITY | Centre for Education and Research on Aging & Health

"It's like a big family gathering"

"The chance to relax with people in the same situation. And we look forward to all the friends that we've met there. A lot of people have different stories we exchange. It's just the friendships."

"They make you feel like you're at home when you go in there. You're never uneasy. They always make you feel at ease and you're always welcome. It's just a great place, great people"