



Diabetes

Medicine Wheel Teachings

The Medicine Wheel is Sacred.

The Medicine Wheel comprises a healing journey in the "Circle of Life." It becomes more real and visible as it supports change and healing and brings physical, emotional, mental and spiritual balance to life.

Join this session as we contemplate the meaning of the Medicine Wheel and together we will:

- better understand what stage one is at in their diabetes awareness and management and where we are in the Medicine Wheel.
- become more aware that diabetes is a 24-hour-a-day, 7-day-a-week disease; it takes no holidays or time off. If ignored, sickness and complications may prevail.

Date: Tuesday, February 21, 2023

Time: 10:30 a.m. to 12:00 p.m.

Registration Link: <https://soadi.wufoo.com/forms/diabetes-medicine-wheel-teachings>

For more information contact Kathleen LaForme at kathleen.ckpw@idhc.life.



Kathleen LaForme