VIRTUAL EDUCATION SERIES

NORTH WEST GRIEF & BEREAVEMENT COMMUNITY OF PRACTICE

PRESENTS

Shine a Light on Disenfranchised Grief: Supporting Healing After Death by Suicide and Substance Use



Claudia Otto
Certified Grief Counsellor

Deaths from suicide and substance use can carry a unique burden - one often compounded by stigma, sudden shock, and complex trauma.

This session explores the distinct realities of traumatic grief and offers practical, compassionate frameworks to support individuals and families. Together, we will discuss evidence-informed approaches to process profound grief with honour, empathy, and hope.

Date
November 12, 2026

Time
12:00PM - 1:30PM ET

REGISTER AT
CERAH.LAKEHEADU.CA/EVENTS

KEY AUDIENCE: HEALTH & SOCIAL CARE PROVIDERS

St. Joseph's Care Group
North West Regional Palliative Care Program

Lakehead University
Centre for Education and Research on Aging & Health