



UNDERCOVER KINDNESS PROJECT

CARING FOR CAREGIVERS

The Caregivers Support Committee and the Ontario Caregiver Organization (OCO) are excited to launch a meaningful initiative in Thunder Bay—and we need your help!

In 2022, OCO introduced the **Undercover Kindness Project**, a heartfelt campaign designed to encourage Ontarians to show family caregivers the kindness they truly deserve. This spring, the Caregiver Support Committee and OCO are bringing this inspiring project to Thunder Bay! We're inviting you to nominate a caregiver in your life and share how a thoughtful act of undercover kindness could brighten their day and make life a little easier.

Check out OCO's [Undercover Kindness Project videos](#) to see examples of the incredible acts of kindness caregivers have received.

To learn more or nominate a caregiver, scan the QR code email us at info@ontariocaregiver.ca.

Nominations are open until **April 17, 2025**—don't miss the chance to make a difference!

Create your own
kindness

Even the smallest
kindness goes a long
way.

Dig in

Take care of any yard or
garden work

Send food

Ready to eat or a meal
plan subscription

Make a comfort kit

A care package of
goodies for late nights



Nominate a
Caregiver **today!**

