



DEMENTIA GARDENS: A PLACE TO GROW

Program at a Glance

- An outdoor program for people living with dementia
- Every Friday for 4-8 weeks with 2 program blocks to choose from
- Sign up for July or August/September... or both!

An initiative of the Centre for Education and Research on Aging & Health (CERAH) at Lakehead University

What We Provide

- A full day program from 10 am to 4 pm
- Outdoor programming and nature based activities
- A full day of respite for care partners
- A 1:3 staff to member (participant) ratio
- Trained and experienced staff in dementia care
- Nutritious snacks and lunches
- Individualized assessments prior to program registration
- We can accommodate up to 10 members

Supported by the North West Dementia Working Group



Scan to learn more

Interested in joining?

- Contact us for more info or to sign up!
- Email us at dementia.gardens@lakeheadu.ca
- Call us at 807-343-8010 ext. 7271



NORTH WEST
Dementia
WORKING GROUP



Lakehead
UNIVERSITY

Centre for
Education and Research
on Aging & Health