

DEMENTIABILITY WORKSHOP



**REGISTER
NOW!**

For A Dementi*Ability*

2-day workshop

Via Zoom

WHEN?

**Tuesday, April 12 &
Wednesday, April 13, 2022**

**Time: Starts at 8:30 am
Zoom link opens at 8:00 am**

In Partnership with:



Lakehead
UNIVERSITY

Centre for
Education and Research
on Aging & Health

WHY ATTEND THIS WORKSHOP?

This workshop will introduce you to new ways of thinking about dementia. With a focus on connecting knowledge about the brain, a person's life story, environments, and behaviour, you will discover how to expose and enable abilities, enhance function and set individuals and environments up for success. This is a workshop you will not want to miss.

WWW.DEMENTIABILITY.COM

DEMENTIABILITY WORKSHOP



Note: Zoom login opens 8:00 am

Day 1 8:30 am - ?????

Setting the Stage: The Fundamentals

- o **What are the DementiAbility Methods?** Where and how can we use these methods and who needs to be included when putting the DementiAbility Methods into practice?
- o **A focus on person-centred care:** An introduction to the WOW Model
- o **All behaviour has meaning:** Exploring the connections between needs and behavioural outcomes (Behavioural and Psychological Symptoms of Dementia/Responsive Behaviours)
- o **Thinking Differently About Dementia:** The NISA Formula (needs, interests, skills and abilities) and the WOW Model
- o Examining the connections between excess disability and disuse in dementia
- o Enabling abilities through adaptations (in an enabled environment), using the WOW Model and NISA
- o Treat the Treatable: The 3 D's (Dementia, Depression & Delirium) and pain - prevent the preventable, treat the treatable
- o Dementia Defined: Terms and definitions

Memory:

- o Non-declarative - Procedural Memory (spared in dementia), its relationship to behavioural outcomes and the WOW Model
- o Declarative Memory (and how it can be supported)
- o Making connections between memory and the WOW Model
- o Connecting what we know and what we need to do.

Who Should Attend?

Everyone working in dementia care should attend this workshop, including, but not limited to:

- Nurses
- Recreation staff
- Personal support/care workers
- Social workers
- Occupational Therapists, PTs/SLPs
- Dietary staff
- Educators & students
- Physicians
- Family and volunteers
- Spiritual Care
- Managers
- Leadership (e.g. - Board Members)

WORKSHOP FACILITATOR



Laura Elliot, BA, MSc.
GerontologiProgram Coordinator,
DementiAbility Enterprises Inc.

Day 2 9:00 am - ?????

1. Review
2. Best practices for alternative connection, using dolls, stuffed animals & robotics
3. Discover key components and examples of environments that have been set up for success - with the look, the smells and the feel of home
4. Group exercise: Case Study Gabby Tellsall
 - a. Share case outcomes
5. Group work: Create engaging, purposeful activities based on WOW and NISA and create a plan for implementation
6. Case work/Group work: Using the WOW Model, and NISA, develop an action plan for one person living with dementia (using your own case example)
7. Spaced retrieval: An overview of "memory training for dementia"
8. Moving knowledge to action:
 - o Identifying and addressing barriers
9. Create an action plan
10. Q & A

About the creator of this workshop

This workshop was developed by Gail Elliot, Gerontologist, Dementia Specialist, Author, Educator and Founder of DementiaAbility Enterprises Inc. Gail is a trusted international expert in dementia care. She educates with depth, breadth and passion, and since launching DementiaAbility Enterprises in 2012, she has taught the DementiaAbility Methods 2-day workshop, and spoken at numerous conferences, across Canada and around the world.

Gail is the author of the book entitled "The DementiaAbility Methods", which is currently available in English and Traditional Chinese, and is the author of numerous books and articles that have been written for care partners and for people living with dementia. To learn more, check out the DementiaAbility website at www.dementiaability.com.

Note: The DementiaAbility Methods workshop is included as one of the core courses in the Geriatric Certificate Program at McMaster University, Hamilton, ON. This program has also been integrated into the curriculum of a number of college programs in Canada.



**Gail Elliot, Speaker
Gerontologist &
Dementia Specialist**

DEMENTIABILITY WORKSHOP

April 12 and 13, 2022



Name: _____

Job Title: _____

Organization: _____

Address for billing/invoices:

Address for mailing workbook: () Same as above

Other: _____

Email: (Work) _____ (Other) _____

Phone: (Work) _____ (Other) _____

Please note: We will send the zoom link to you a few days prior to the workshop. Some work emails may block our email, and prevent it from getting to you. Please consider whether it is best for us to send the link to your work email or to your home/other email. ALSO, please provide the address that you would like us to use when we mail the workshop workbook to you.

Workshop Fee:

\$400 per person plus tax (\$52) - if before March 31 = \$452.00

\$450 after March 31. Plus Tax (58.50) .

How to Register:

This workshop is being held in collaboration with the Centre for Education and Research on Aging & Health (CERAH), Lakehead University, with a focus on offering the workshop to individuals working in the Ontario Health North region*. Individuals funded by BSO in Ontario Health North*, who are interested in attending this workshop, please contact Ruth Wilford directly to register. If you have questions, or would like additional information, please contact Ruth Wilford, Knowledge Broker, CERAH directly at rwilford@lakeheadu.ca. All other interested in attending are welcome to register independently by contacting Leigh Ann at leighann@dementiability.com.

For more information/assistance with registration, please contact:

Leigh Ann at leighann@dementiability.com or call 905-616-4044 or

Ruth Wilford at rwilford@lakeheadu.ca