Hospice
NORTHWEST SERVICES

Anticipatory Grief

Learn how caregivers and loved ones can manage the emotional challenges of grieving future losses. This workshop is to gain practical tools and strategies to navigate this difficult journey.

Facilitated By: Headley & Co. Mental Health

Date: Wed, January 27th, 2026 1:00 - 4:00 PM

Location: 63 Carrie St. Hospice Northwest Office

Please contact 807 626 5570 to register

Circle of Friends workshops are generously sponsored by:

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