

# COVID VACCINES ARE FOR EVERYONE!

*Protect yourself and others*



## **Studies show that the vaccines are safe and help to stop the spread of COVID-19. Trust the science.**

Vaccines protect us from serious and sometimes deadly diseases including measles, mumps, polio, chicken pox, and play an important role in keeping everyone healthy and safe. Covid vaccines protect everyone from this serious and potentially lethal disease.

If after getting fully vaccinated you come into contact with someone who has Covid, your immune system will fight off the infection. The vaccines do not contain the Covid virus, so a person cannot get Covid from getting vaccinated. The shots are safe!



## **Protect your family, friends and community. Everyone 12 years of age and older is eligible to be vaccinated.**

For assistance getting vaccinated please call (833) 540-0473, Monday - Sunday 8:00am - 8:30pm. To schedule an appointment online visit: <https://myturn.ca.gov> Or log onto [www.publichealth.lacounty.gov/media/Coronavirus/vaccine](http://www.publichealth.lacounty.gov/media/Coronavirus/vaccine)

You will never be asked about your immigration status when scheduling an appointment or getting vaccinated. It is possible to get Covid more than once so even those who already have had Covid should get vaccinated.



## The COVID-19 vaccines are free for everyone.

You don't have to have health insurance. There is never any cost for anyone. Vaccinations are available in your neighborhood including at local pharmacies and clinics.



## Stay safe!

It takes two shots of the Moderna or Pfizer vaccine to be safe from getting sick with Covid. The Johnson and Johnson vaccine takes only one shot. It takes two weeks after being vaccinated to be fully immune. Get vaccinated now!



## How do the COVID-19 vaccines work?

None of the Covid vaccines contain the virus that causes Covid in any form. All 3 Covid vaccines work by teaching our cells how to make harmless spike proteins that block the spikes on the covid virus, thus preventing infection. Making the spike protein does not harm our cells. This will protect you if you are exposed to Covid in the future.



## You may have some temporary side effects.

It is normal for some people to have minor pain in their arm, fever, fatigue, or headache. These side effects normally go away after 1 or 2 days. Serious side effects are very rare but you should tell your doctor right away if you get severe headaches, abdominal or leg pain, or shortness of breath.



## Continue to protect yourself and your community after getting vaccinated.

People who are fully vaccinated can safely participate in many activities but will still need to take steps to stay safe like wearing a mask in crowds and public places.



## Covid vaccines are for everyone! Shield yourself against Covid.

*Get vaccinated!*

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