

Now Collecting Food Donations for the Mill Falls Food Pantry!

Each week, Mill Falls discretely sends home food with children whose families are in need.

Although we partner with the NH Food Bank to stock our Pantry,

shopping for food items is not without cost.

Last year, the Mill Falls community donated nearly over 800 meals to our Food Pantry! This was close to 50% of the total meals sent home in backpacks with children whose families are food insecure! With such great success from last year's food donations, we would like to again ask for non-perishable food items this year.

If you can donate items to Mill Falls' Food Pantry, here's what we are looking for:

- Healthy snacks (granola bars, <u>packaged</u> nuts, dried fruit, etc.)
- Meals such as soup, stew, chili
- Tuna or canned chicken
- Beans, dried or canned
- Pasta
- Rice
- Peanut butter and jelly
- Fruit cups or applesauce
- Fresh vegetables or fruit
- Mac and cheese

This year we are excited to offer a **"Grab-N-Go Breakfast"** option. Food donations needed include:

- Breakfast bars
- · Instant oatmeal
- Fresh fruit
- Healthy cereals

No glass containers, expired items or opened containers please.

Your donations will directly support members of our school community!

Other ideas, or questions? Please contact Susanne at Grace.Eaton@millfalls.org.

Thank you for your generosity!