

Get in Shape for our Road Race/Family Fun Run



In preparation for our upcoming **Road Race/Family Fun Run & Walk on Sunday, September 22nd** at SNHU in Manchester, we will be holding fun & free after school conditioning sessions for our students.

Not sure if your child likes to run?

This is the perfect opportunity to have them try it out!

**To Register for the Road Race/Family Fun Run & Walk,
on September 22nd**

please visit: www.MillFalls.org homepage!

Can't make the Road Race/Fun Run?

No problem, have your child join us for the fun and exercise!

Sessions will be held at school, are age specific & scheduled as follows:

For Children in grades K-3

Tuesday, September 10th & Tuesday, September 17th from 3-4pm

For Children in grades 4-6

Thursday, September 12th & Thursday, September 19th from 3-4pm.

Yes! My child will be attending the After School Conditioning Sessions!

Please cut and return this section to the front office; there are limited spots available!

Child's Name: _____ **Classroom:** _____

Parent Name: _____ **Emergency Tel. Number:** _____

Any Health Concerns: _____

I give permission for my child/children to attend this program:

Parent's Signature: _____

Please be sure to return this form by Monday, September 9th! Thank you!