

Safety Educator

October



2017



K9 Molly



FIRE PREVENTION KICKOFF



In a fire, seconds count. Seconds can mean the difference between residents of our community escaping safely from a fire or having their lives end in tragedy. That's why this year's Fire Prevention theme: ***"Every Second Counts: Plan 2 Ways Out!"*** is so important. It reinforces why everyone needs to have an escape plan.



- **Draw a map of your home** by using this grid in [English \(PDF\)](#) or [Spanish \(PDF\)](#) with all members of your household, marking two exits from each room and a path to the outside from each exit.
- **Practice your home fire drill** twice a year. Conduct one at night and one during the day with everyone in your home, and practice using different ways out.
- Teach children how to escape on their own in case you can't help them.
- Make sure the number of your home is clearly marked and easy for the fire department to find.
- Close doors behind you as you leave – this may slow the spread of smoke, heat, and fire.
- Once you get outside, stay outside. Never go back inside a burning building.

INSIDE THIS ISSUE:

2 Ways Out 2

Escape Plan 2

Meeting Place 3

Practice Plan 3

Get Out Stay Out 3

Message From Marshal Degnan 4



WATCH VIDEO MESSAGES FROM SPARKY THE FIRE DOG BY CLICKING ON ANY VIDEO

CREATE YOUR FAMILY SAFETY PLAN!



Make sure everyone in **YOUR** home recognizes the sound of a smoke alarm as well as what to do in the event it goes off. Being prepared for home emergencies can help lessen fears and anxieties before, during and after an emergency. Include these topics as part of your safe escape planning. If you need help or have a question please contact your local fire department.

STEP ONE: KNOW TWO WAYS OUT OF EVERY ROOM

Every room should have two ways out.

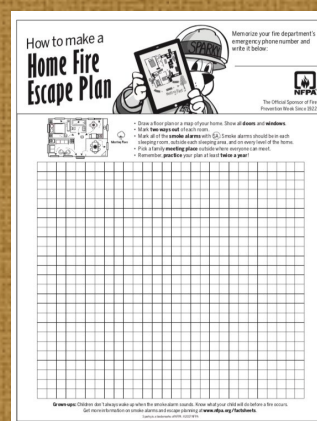
One way out would be the **door** and the second way out may be a **window**. If your first way out is blocked by fire or smoke you should use your second way out. Remember an emergency escape from a second story window may involve using a home fire safety ladder.



CREATE YOUR HOME ESCAPE PLAN MAP

STEP TWO: CREATE YOUR MAP

Now that your family has created two ways out of every room and made sure that all doors and windows leading outside can easily open, it is time to create your: **ESCAPE PLAN MAP with TWO WAYS OUT OF EVERY ROOM !**



PICK YOUR OUTSIDE MEETING PLACE

STEP THREE: MEETING PLACE

- **Pick a safe meeting place OUTSIDE.** A good meeting spot should be out in FRONT of the home. It should be a safe distance from the home like a light pole, mailbox or neighbor's house.
- Agree that everyone will **meet at the meeting place.**
- Talk about your meeting place and what everyone should do in the event of an emergency.
- If your exit involves the use of an escape ladder, follow manufacturer's instructions and practice with your child from the FIRST FLOOR window.
- Make sure your street number is properly placed and visible from the street.



PRACTICE YOUR PLAN!



STEP 4: PRACTICE!

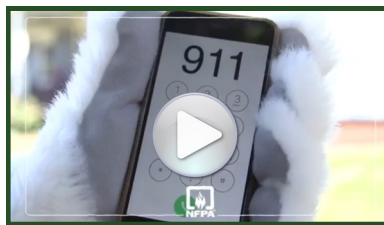
We all know that practice makes perfect. Now that you have created your escape plan map and established a meeting spot, it is time to practice your plan during the daytime AND nighttime hours to ensure that children know what to do in the event of an emergency no matter the time of day. **TEACH CHILDREN HOW TO ESCAPE ON THEIR OWN.**

GET OUTSIDE, STAY OUTSIDE. Call 9-1-1

IN THE EVENT OF AN EMERGENCY:

If the smoke alarm sounds, GET OUT AND STAY OUT. NEVER go back inside for people or pets.

- **Close doors** behind you as you leave.
- If you have to escape through smoke, **GET LOW** and **GO** under the smoke to the safest way out.
- Once at the meeting spot **call 9-1-1.** ([Check out the September Issue for more on calling 9-1-1](#))



LEARN MORE!

J. William Degnan
NH State Fire Marshal



NH STATE FIRE MARSHAL
Department of Safety
33 Hazen Drive
Concord, NH 03305
Phone: (603)223-4289
Arson Hotline:
1-800-400-3526
EMAIL: FMO@dos.nh.gov

PUBLIC EDUCATION DIVISION:

K9 District Chief:

Stacey Dubois

EDUCATORS:

Mary MacCaffrie

Amy McLaughlin

Sheryl Nielsen

Message from Fire Marshal Degnan:

This October Governor Sununu, myself, fire departments throughout the State of New Hampshire, as well as across the country, recognize October 8th - 14th as Fire Prevention Week. This year's FPW theme is, "**EVERY SECOND COUNTS... PLAN TWO WAYS OUT!**" This dedicated week provides educators, and families, with the ideal opportunity to kick off a yearlong initiative to educate everyone on the importance of having an **escape plan**, a **meeting place**, **getting out and staying out** and then **calling 9-1-1**. This newsletter provides you with clear step by step information on how to create a solid escape plan with simple videos to watch.

Please take the time to create your escape plan map with two ways out of every room. Practice this plan with every family member. Hang the escape plan map where all can see (a refrigerator is a GREAT spot!). When it comes to the safety of you, your family and home, and any visitors, one can never be too safe! Should you have any questions please do not hesitate to contact your local fire department or the NH State Fire Marshal's Office.



J. William Degnan
J. William Degnan
NH State Fire Marshal

Student & Parent Approved Websites

K9 MOLLY encourages students to disconnect and enjoy safe outdoor play. However, this dog understands that sometimes the weather just doesn't cooperate. So when it comes to computer time...



try one of these family fun fire and life safety websites! Just click a picture below to open the link and play. Have fun and be safe!



Any questions or comments regarding this newsletter please feel free to contact:

Find Us on the Web:

www.nh.gov/safety/divisions/firesafety/



Sheryl Nielsen

Public Education Specialist

Youth Firesetter Intervention & Education

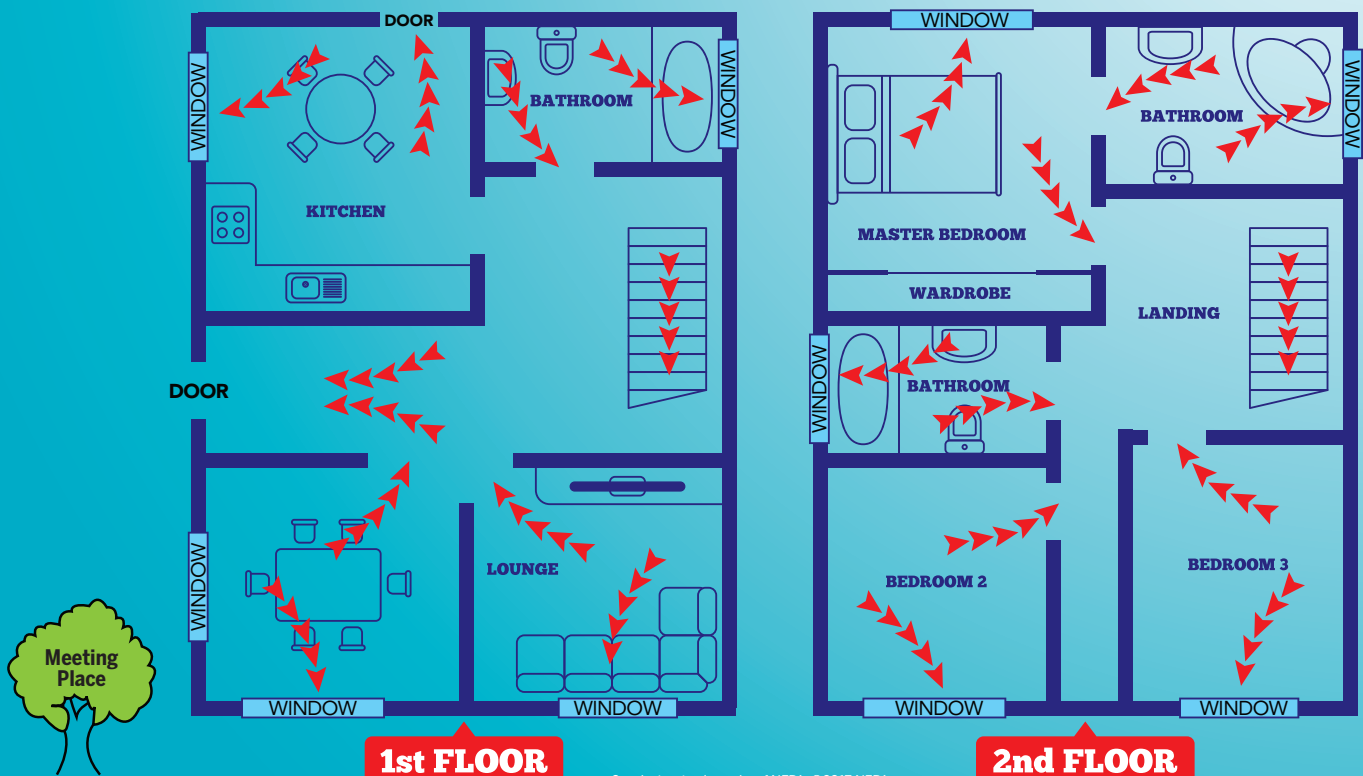
Sheryl.Nielsen@dos.nh.gov 603-223-4289

How to make a Home Fire Escape Plan

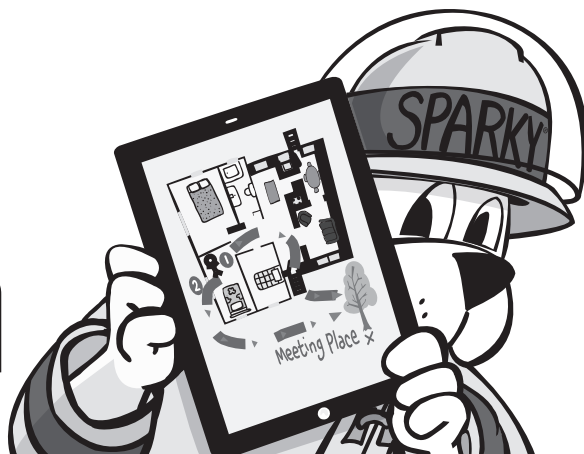


The Official Sponsor of Fire Prevention Week Since 1922

- ☐ Draw a map of your home. Show all doors and windows.
- ☐ Visit each room. Find two ways out.
- ☐ All windows and doors should open easily. You should be able to use them to get outside.
- ☐ Make sure your home has smoke alarms. Push the test button to make sure each alarm is working.
- ☐ Pick a meeting place outside. It should be in front of your home. Everyone will meet at the meeting place.
- ☐ Make sure your house or building number can be seen from the street.
- ☐ Talk about your plan with everyone in your home.
- ☐ Learn the emergency phone number for your fire department.
- ☐ Practice your home fire drill!
- ☐ Make your own home fire escape plan using the grid provided on page 2.



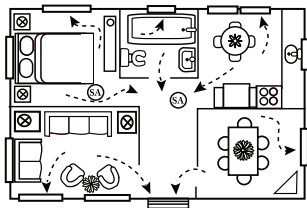
How to make a **Home Fire Escape Plan**



Memorize your fire department's emergency phone number and write it below:



The Official Sponsor of Fire
Prevention Week Since 1922



Meeting Place

- Draw a floor plan or a map of your home. Show all **doors** and **windows**.
- Mark **two ways out** of each room.
- Mark all of the **smoke alarms** with (SA). Smoke alarms should be in each sleeping room, outside each sleeping area, and on every level of the home.
- Pick a family **meeting place** outside where everyone can meet.
- Remember, **practice** your plan at least **twice a year!**

A full-page sheet of white graph paper with a light gray grid. The grid consists of small squares, approximately 10 units wide by 10 units high. There are no margins or additional markings on the page.

Grown-ups: Children don't always wake up when the smoke alarm sounds. Know what your child will do before a fire occurs. Get more information on smoke alarms and escape planning at www.nfpa.org/factsheets.

Sparky is a trademarks of NFPA. ©2017 NFPA