

# Girls on the Run NH

## Spring 2017 5K



**Saturday, June 3, 2017, 10:00am**  
New Hampshire Motor Speedway  
1122 NH-106  
Loudon, NH 03307

Register to run or volunteer at:  
<https://www.girlsontherunnh.org/5K>

5k starts at 10:00am. Day of event registration, activities and celebration will begin at 8:30am #GOTR5K



### The Importance of our 5K Celebration

At the end of each season the girls participate in a non-competitive Girls on the Run 5k run/walk, a celebratory event that underscores the confidence, competence, connection, character and caring they've been developing in the program. Completing the 5k gives the girls a tangible sense of the confidence that comes through accomplishment, as well as a framework for goal setting and achieving life goals. With their faces painted, capes and tutus in tow, and their community cheering them on, crossing the finish line is a defining moment when the girls realize that even the seemingly impossible IS possible.

### Thank You to our Fabulous 2017 Local Sponsors



*The finish line is just the beginning*