

Girls on the Run NH

Spring 2017 5K



Saturday, June 3, 2017, 10:00am

New Hampshire Motor Speedway

1122 NH-106

Loudon, NH 03307

Register to run or volunteer at:

<https://www.girlsontherunnh.org/5K>

5k starts at 10:00am. Day of event registration, activities and celebration will begin at 8:30am #GOTRNH5K



The Importance of our 5K Celebration

At the end of each season the girls participate in a non-competitive Girls on the Run 5k run/walk, a celebratory event that underscores the confidence, competence, connection, character and caring they've been developing in the program. Completing the 5k gives the girls a tangible sense of the confidence that comes through accomplishment, as well as a framework for goal setting and achieving life goals. With their faces painted, capes and tutus in tow, and their community cheering them on, crossing the finish line is a defining moment when the girls realize that even the seemingly impossible IS possible.

Thank You to our Fabulous 2017 Local Sponsors



RUNNER'S ALLEY



thirty-one

asics

The finish line is just the beginning