



Mill Falls After School Fit Club! Lower and Upper Together!!

Ms. Amy
Tuesdays or Thursdays
from 3-4 pm

Want to have some FUN? Spend time with Ms. Amy and Monique. We will play tag games, strategy games, team sports, yoga, breathing, agility activities, and strength training...anything is possible. Don't hesitate, space is limited to 24 students per session. Please make sure your child has a water bottle, comfy clothes, and an extra snack for the day they participate.

Who: Upper / Lower Elementary (1st - 6th years)

Where: Mill Falls Charter School

When: Tuesdays and Thursdays 3-4 PM

Dates held:

Lower Elementary: Tuesdays: Jan 6th, 13th, 20th, 27th, and Feb 3rd, 10th, and 17th

Upper Elementary: Thursdays: Jan 8th, 15th, 22nd, 29th, and Feb 5th, 12th, and 19th

Cost: \$70 for 7 sessions

Please return the bottom section with payment to the front office by January 5th!
Note that spots are filled on a first-come come first-served basis. Thank you!

Please make checks payable to Mill Falls Charter School

Child's Name: _____ **Classroom:** _____

Guardian Name: _____ **Phone Number:** _____

Guardian Email: _____

Guardian's Signature: _____

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Please check this box to contribute to scholarships to assist students who may not be able to afford our after-school programs (Any size donation is greatly appreciated!).