

Calendar of Events: October 1 - 31, 2019

Josephine's Place, 622 Elizabeth Ave., Elizabeth, NJ 07206

908-436-0099 • www.josephinesplace.org

2	Wednesday	Mindful Meditation & Breathing - Session 3	(Register)	10:00 am	11:00 am
4	Friday	Enhance Your Job Training Skills & Leadership *Team Building - Session 3	(Register)	10:00 am	11:00 am
8	Tuesday	Tai Chi		11:15 am	12:15 pm
9	Wednesday	Mindful Meditation & Breathing - Session 4	(Register)	10:00 am	11:00 am
9	Wednesday	Power of Juice with Maricely - Session 1	(Register)	11:30 am	12:30 pm
10	Thursday	Lead Screening Workshop	(Register)	11:00 am	1:00 pm
10	Thursday	Spanish Heritage Celebration	(Register)	12:00 pm	2:00 pm
11	Friday	Enhance Your Job Training Skills & Leadership *Verbal & Non-Verbal Communication - Session 4	(Register)	10:00 am	11:00 am
11	Friday	Arts & Crafts	(Register)	10:30 am	12:00 pm
16	Wednesday	Mindful Meditation & Breathing - Session 5	(Register)	10:00 am	11:00 am
17	Thursday	Zumba with Hollis	(Register)	6:30 pm	7:15 pm
18	Friday	Enhance Your Job Training Skills & Leadership *Problem Solving/Project Planning - Session 5	(Register)	10:00 am	11:00 am
23	Wednesday	Mindful Meditation & Breathing - Session 6	(Register)	10:00 am	11:00 am
23	Wednesday	Power of Juice with Maricely - Session 2	(Register)	11:30 am	12:30 pm
25	Friday	Enhance Your Job Training Skills & Leadership *Interview Skills - Session 6	(Register)	10:00 am	11:00 am
29	Tuesday	Belly Dance Workshop - Session 1	(Register)	11:00 am	12:00 pm
30	Wednesday	Mindful Meditation & Breathing - Session 7	(Register)	10:00 am	11:00 am
31	Thursday	HALLOWEEN			

* REGISTRATION REQUIRED

Classes for Computers and Basic English

*WEEKLY SCHEDULED EVENTS

Monday	Quilting/Sewing	9:30 am	11:30 am
Monday	Computer Class	10:00 am	11:30 am
Tuesday	English Conversation	10:00 am	11:00 am
Tuesday	English Conversation	6:00 pm	7:30 pm
Tuesday	Computer Class	6:15 pm	7:30 pm
Wednesday	Computer Class	12:00 pm	1:30 pm
Wednesday	English Conversation	3:00 pm	4:00 pm
Thursday	English Conversation	10:00 am	11:00 am
Thursday	Scrapbooking	3:00 pm	5:00 pm