

FREE HEALTH EVENTS FOR OUR COMMUNITY

Sponsored by Trinitas Regional Medical Center

You are invited to attend the following FREE health programs:



Thursday, January 11 • 5:00 – 7:00 pm

Every Woman Counts!

Steps and Preventative Care for Cervical Cancer

Although the average age for women diagnosed with cervical cancer is forty-nine, early detection has become key. While most women feel fine it is not until abnormal test results bring to life an alternate reality. Join us as we discuss preventative care and what steps to take if you have been diagnosed with cervical cancer.

Presenter: **Abu S. Alam, MD**, Interim Chairman of OB/GYN

Dolce Lounge

17 Broad Street • Elizabeth, NJ

To register: <https://cervicalcancer.eventbrite.com>



Thursday, January 25 • 10:00 – 11:30 am

Save Your Eyes!

Are you at high risk for glaucoma?

Glaucoma is a leading cause of adult blindness in the US. Without treatment it can cause damage to the optic nerve and eventual blindness. Speak with a Trinitas ophthalmology expert, Dr. Joseph Calderone, as he discusses preventative care and what you can do if you have glaucoma.

Presenter: **Joseph P. Calderone, Jr., MD, FACHE**

Trinitas CORE Building (Center of Regional Education)

1164 Elizabeth Ave., 2nd Floor • Elizabeth, NJ

(Enter parking lot from South Broad St. via driveway next to Fire House)

To register: <https://saveyoureyes.eventbrite.com>

TRINITAS
Regional Medical Center

225 Williamson Street • Elizabeth, NJ 07202
www.TrinitasRMC.org

Trinitas Regional Medical Center is a Catholic teaching institution sponsored by the Sisters of Charity of Saint Elizabeth in partnership with Elizabethtown Healthcare Foundation.

Space is limited and registration is required • To register call 908-994-8939