

For more information contact  
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**MISSION STATEMENT:**  
**NATIVE HEALTH** provides  
holistic, patient-centered,  
culturally sensitive health  
and wellness services.

# **Methamphetamine and Suicide Prevention Initiative (MSPI)**

**Additional Behavioral Health  
services are available  
at these locations:**



**NATIVE HEALTH**  
4041 North Central Avenue, Building C - Phoenix  
**(602) 279-5262**



2423 West Dunlap Ave., Suite 140 - Phoenix  
**(602) 279-5351**



777 West Southern Ave., Bldg. C, Suite 301 - Mesa  
**(480) 550-4048**

**NATIVE HEALTH Central**  
4041 North Central Avenue  
Building C - Phoenix  
**(602) 279-5262**

**NHW Community Health Center**  
2423 West Dunlap Avenue  
Suite 140 - Phoenix  
**(602) 279-5351**

**NATIVE HEALTH Mesa**  
777 West Southern Avenue  
Building C - Suite 301Mesa  
**(480) 550-4048**

**NATIVE HEALTH Maryvale**  
6850 West Indian School Road - Phoenix  
**Hours:** Monday, Wednesday, Thursday  
8 a.m.-5 p.m.  
**(602) 265-7570**

**NATIVE HEALTH WIC Locations:**  
(please call for appointment)

- NHW Community Health Center  
**(602) 279-5351, ext. 3511**
- NATIVE HEALTH Mesa  
**(602) 263-1558**
- NATIVE HEALTH WIC at 16th Street  
4212 North 16th Street - Phoenix  
**(602) 263-1558**
- NATIVE HEALTH WIC in Guadalupe  
9405 South Avenida del Yaqui - Guadalupe  
**(602) 263-1558**



[www.nativehealthphoenix.org](http://www.nativehealthphoenix.org)



# **NATIVE HEALTH**

**A Tradition of Wellness**

**4041 North Central Avenue  
Building C  
Phoenix, AZ 85012**

**(602) 279-5262**



## Purpose:

The Methamphetamine and Suicide Prevention Initiative (MSPI) is a nationally-coordinated program focusing on providing much-needed methamphetamine and suicide prevention and intervention resources. This initiative promotes the use and development of evidence-based and practice-based models that represent culturally-appropriate prevention and treatment approaches to methamphetamine abuse and suicide prevention from a community-driven context.

## Eligibility:

MSPI services is provided to Native American and Alaskan Native youth and young adults between the ages 10 to 24.

## Services:

- Counseling
- Intensive Outpatient Program
- Talking Circles
- Case Management
- Youth Mental Health First Aid
- Prevention Education & Training
- Native STAND

## Suicide Prevention

Often those who are thinking about suicide display changes in behavior, sometimes subtle, that offer clues about their plans.

- Unusual preoccupation with (talking, writing or otherwise communicating about) death
- Gathering tools and/or information that could be used to harm oneself
- Making efforts to put affairs in order
- Contacting friends to say goodbye
- Giving away favorite possessions
- Loss of interest in favorite things
- Expression of self-loathing, hopelessness, worthlessness, or being a burden to others
- Withdrawing from others
- Acting out with dangerous behavior
- Seemingly suddenly happy or calm after a period of sadness

## Methamphetamine Prevention

Warning signs of Methamphetamine use:

- Change in relationships with family, friends, others
- Loss of inhibitions
- Mood changes or emotional instability
- Periods of sleeplessness, increased activity
- Hostile, angry, uncooperative, deceitful, or secretive behavior
- Changes in speech, inability to speak intelligibly
- Change in appearance, poor hygiene
- Loss of interest in favorite activities, hobbies
- Missing work or school
- Complaints or comments from co-workers or teachers

