

For more information contact

Kayla-Rae Wakeland
MSPI Case Manager

(602)279-5262 ext. 3206

Email: kwakeland@nachci.com

**Additional Behavioral Health
services are available
at these locations:**



4041 North Central Avenue, Building C - Phoenix
(602) 279-5262



2423 West Dunlap Ave., Suite 140 - Phoenix
(602) 279-5351



777 West Southern Ave., Bldg. C, Suite 301 - Mesa
(480) 550-4048

MISSION STATEMENT:

NATIVE HEALTH provides holistic, patient-centered, culturally sensitive health and wellness services.

NATIVE HEALTH Central

4041 North Central Avenue
Building C - Phoenix
(602) 279-5262

NHW Community Health Center

2423 West Dunlap Avenue
Suite 140 - Phoenix
(602) 279-5351

NATIVE HEALTH Mesa

777 West Southern Avenue
Building C - Suite 301 Mesa
(480) 550-4048

NATIVE HEALTH Maryvale

6850 West Indian School Road - Phoenix
Hours: Monday, Wednesday, Thursday
8 a.m.-5 p.m.
(602) 265-7570

NATIVE HEALTH WIC Locations:

(please call for appointment)

- NHW Community Health Center
(602) 279-5351, ext. 3511
- NATIVE HEALTH Mesa
(602) 263-1558
- NATIVE HEALTH WIC at 16th Street
4212 North 16th Street - Phoenix
(602) 263-1558
- NATIVE HEALTH WIC in Guadalupe
9405 South Avenida del Yaqui - Guadalupe
(602) 263-1558



www.nativehealthphoenix.org



NATIVE

HEALTH

Accredited by



Methamphetamine and Suicide Prevention Initiative (MSPI)



NATIVE HEALTH

A Tradition of Wellness

**4041 North Central Avenue
Building C
Phoenix, AZ 85012**

(602) 279-5262

Purpose:

The Methamphetamine and Suicide Prevention Initiative (MSPI) is a nationally-coordinated program focusing on providing much-needed methamphetamine and suicide prevention and intervention resources. This initiative promotes the use and development of evidence-based and practiced-based models that represent culturally-appropriate prevention and treatment approaches to methamphetamine abuse and suicide prevention from a community-driven context.

Eligibility:

MSPI services is provided to Native American and Alaskan Native youth and young adults between the ages 10 to 24.

Services:

- Counseling
- Intensive Outpatient Program
- Talking Circles
- Case Management
- Youth Mental Health First Aid
- Prevention Education & Training
- Native STAND

Suicide Prevention

Often those who are thinking about suicide display changes in behavior, sometimes subtle, that offer clues about their plans.

- Unusual preoccupation with (talking, writing or otherwise communicating about) death
- Gathering tools and/or information that could be used to harm oneself
- Making efforts to put affairs in order
- Contacting friends to say goodbye
- Giving away favorite possessions
- Loss of interest in favorite things
- Expression of self-loathing, hopelessness, worthlessness, or being a burden to others
- Withdrawing from others
- Acting out with dangerous behavior
- Seemingly suddenly happy or calm after a period of sadness

Methamphetamine Prevention

Warning signs of Methamphetamine use:

- Change in relationships with family, friends, others
- Loss of inhibitions
- Mood changes or emotional instability
- Periods of sleeplessness, increased activity
- Hostile, angry, uncooperative, deceitful, or secretive behavior
- Changes in speech, inability to speak intelligibly
- Change in appearance, poor hygiene
- Loss of interest in favorite activities, hobbies
- Missing work or school
- Complaints or comments from co-workers or teachers

