

In Lent, we go into the wilderness, trusting that even there, flowers bloom, water sustains, and God's mercy is ever present. Thank you, Beloved at St. David's, for journeying with me and one another through these holy days. May we be fed richly, and may we feed others along the way.

With love, The Rev. Katherine Lewis

Words for the Wilderness

This Lent, journey through the wilderness with words to sustain you every step of the way. Cards with daily devotional words are available in the Narthex or by request. Contemplate the word each day, trusting that it is exactly what you need for that day. Then read the short scripture verse and prayer on the back of the card.



During the season of Lent, we draw our eyes to the cross. This year, we invite you to a creative practice of looking for images of the cross in the world around us. Snap a picture, and send it in to be featured on St. David's Instagram page.

Options to submit images: post your picture and tag est.davidsepiscopalchurch, send it via direct message on instagram, or email to officeestdavidsparish.org

What is the Rite of Reconciliation?

The Reconciliation of a Penitent is sometimes called "confession" and is done one on one, in confidence, with a priest. This is an ancient and healing practice that has been restored in the Episcopal Church. Far from being punitive or shaming, the Reconciliation of a Penitent provides a safe opportunity to unburden one's heart fully and truthfully, and perhaps find a deeper wholeness. The secrecy of the confessional is a moral absolute for the priest hearing the confession, and must under no circumstances be broken.

The Rite of Reconciliation can be done by appointment. If you are unfamiliar with how we make our Reconciliation in the Episcopal Church, see pages 446-452 in the Book of Common Prayer, and contact one of our priests for guidance and coaching.

SUNDAY PROGRAMMING

Listener's Dare

Join us for a series of Sunday community forums from 10:45-11:30am where we as listeners dare to hear a word from God.

In his book "Listener's Dare: Hearing God in the sermon" Bishop Will Willimon reminds us of the audacious claim that Jesus made as he sent his followers out in pairs to testify to the Good News "whoever listens to you, listens to me"! For reasons known only to God, preaching is the primary way that God choses to speak to God's people. So join us as we spend time in small groups, reflecting on the sermon and the scripture readings and asking questions that help us better understand... What is God saying to us today?

Growing a Rule of Life

During this season of Lent, we invite and encourage you to grow a "Rule of Life", an intentional, daily rhythm of life that opens us to our connection to God, ourselves, others, and Creation. Like a trellis that shapes and supports the plants that grow on it, a Rule of Life can shape and support our life with God. Daily prayer, reading of Scripture, poetry, and other spiritual reading, the creation of art, walking or sitting meditation, observing nature, regularly reaching out to others with care and compassion, listing the day's gratitudes...these are only a few examples of what might constitute a Rule of Life. On some Sundays in Lent, members of our community will share stories about their Rule of Life during the 9:30 service. If you are interested in learning more, or sharing your Rule of Life, contact the Rev. Katherine Lewis, klewisestdavidsparish.org.



Sunday, February 26

- Godly Play during the 9:30 service
- Listener's Dare Community Forum
- Confirmation class 11:45-1:15pm

Sunday, March 5

- Godly Play during the 9:30 service
- Listener's Dare Community Forum

Sunday, March 12

- Children's Time during the 9:30 service
- Listener's Dare Community Forum

Sunday, March 19

- Children's time during the 9:30 service
- A walk through Holy Week Community Forum with Roger Stratton, Minister of Music, and the Rev. Katherine Lewis

Sunday, March 26

- Godly Play during the 9:30 service
- Listener's Dare Community Forum

Saturday Men's Retreat

What Does it Mean to Live A Courageous Life?

Sat., Mar. 11, 8:30–11:30 am St. David's Episcopal Church

If we can stand whole-heartedly wherever we are and notice the Spirit stirring us to live – really live, then we have everything we need to stop waiting for improvements in this circumstance or that and start with the next step God is calling us to take. Join spiritual directors Peter Watkins and Sam Rahberg for thoughtful examination and meaningful conversation. We'll have morning prayer, short presentations, and discussion. Then we'll bless wherever the Spirit is leading each of us. Come for coffee at 8:30 AM. We'll adjourn by 11:30 AM and you're welcome to stick around for lunch. Suggested donation of \$25 to cover the cost of the event, payable to St. David's.

For more information, contact the Rev. Guy Drake, adrakeestdavidsparish.org.

WEDNESDAY PROGRAMMING

What is God Up To?

Please join in on an intergenerational experience called, "What is God Up To?" We will connect for a time of reflection with a focus on spiritual practices and community. All ages are welcome and encouraged.

When: Wednesday evenings starting at 5:30 for dinner with the series from 6:15 – 7:00.

- March 1 What is God up to? Introduction and group activity "Dwelling in the Word"
- March 8 What is God Up to In Our Lives? Sharing our stories
- March 15 St Patrick's Day Feast a special social event with no programming
- March 22 What is God up to at St David's? Sustaining vitality.
- March 29 What is God up to in our neighborhood?
 Listening and learning from those outside our faith community

Note that you are welcome to come for only the dinner or for only the program.

Musicians for Holy Week

Again this year, we want to make it possible for lots of people to help with music at our Easter celebration, as well as during the rest of Holy Week.

Singers - Anyone of any age who likes to sing is invited to join the choir for these special events. Rehearsals will be on Wednesday evenings starting March 15; plus a special Big Easter Rehearsal on Saturday morning, April 8. Exact times to be announced.

Instruments – We can find a role at our Easter Sunday celebration for any player of any musical instrument! Instrumentalists will join on whichever Wednesday evenings work for them, then everyone will join together at the Big Easter Rehearsal on Saturday morning, April 8.

Contact Roger Stratton (rstratton@stdavidsparish.org) if you're interested in either of these opportunities.

Children's Music Time

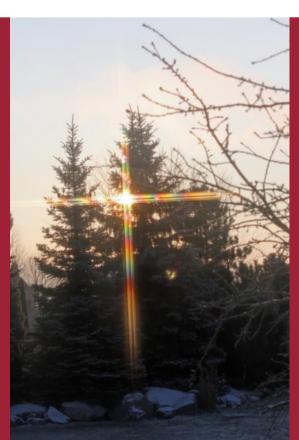
During Lent, at our weekly community dinners on Wednesday evenings – on March 1, 8, 15, 22 & 29 – all children are invited to music time in the choir room at 6:30. We'll do some singing and experiment with Orff instruments, for about 20 minutes each week. This is not geared toward any particular performance, but simply toward exploring the joys of music.

Contact Roger Stratton (rstratton@stdavidsparish.org) if interested.

Youth Group

For grades 6-12, youth group will continue to meet throughout Lent.

- March 1 volunteer at Global Health Ministries Warehouse 6:00-8:00pm
- March 8 LIFT Youth Group at St. David's 6:30-8:30pm
- March 15 Lent Music Practice
- March 22 Ecumenical Youth Group at Trinity 6:30-8:30pm
- March 29 Amplify Youth Worship 6:45pm, then Lent music practice







April 2

One service at 9:30

Children remain in worship (No Children's Time)

Monday

April 3

Intergenerational St. David's service day at Global Health Ministries from 2:00–4:00pm

RSVP to Anna abrockestdavidsparish.org to get connected to a carpool.

Tuesday

April 4

Minneapolis Institute of Art,

Private, docent-led tour for Holy Week. We'll gather at Mia for the tour, which begins promptly at 1:00 and will last an hour. Maximum number for the tour: 20. Please register by emailing Anna Brock at office@stdavidsparish.org. Suggested donation of \$10 to cover the cost of the tour, payable to St. David's.

Lenten Art

Thank you to St. David's parishioner, Laura Halley Hensley, for offering her art to our Lenten 2023 bulletins and brochure. If you want to see more of her art go to http://www.laurahalley.com/

[on cover] - Lit Up Every Campfire I Found in the Dark, acrylic on canvas, 18" x 36"

[2nd page] - Where the Drifts Get Deeper, oil bar & pastel, 13" x 39"

[3rd page] - Made Me Realize What I Could Not See, oil bar & pastel, 13" x 38"

Maundy Thursday

April 6

Agape Meal with Holy Eucharist and Footwashing 6:00 pm, in the Undercroft.

Good Friday

April 7

Stations of the Cross - noon Good Friday service at 7:00 pm

Holy Saturday

April 8

Easter Vigil, 8:00 pm.

Easter Sunday

April 9

One service of Holy Eucharist at 9:30 Children remain in worship (No Children's Time) Resurrection egg hunt

