



Claremont Senior Times

Official Publication of the Claremont Senior Center, Inc.

5 Acer Heights Rd. ~ Claremont, NH 03743 ~ Tel. (603)543-5998

E-mail: seniorctr5@comcast.net

Website: cnhcs.org

Volume 21 ~ Issue 12

December 2020

Claremont Senior Center opened mid-September!



Claremont Senior Center closes for COVID—AGAIN!

The Board of Directors voted unanimously to close until at least January 15. The Board cited the need to keep our seniors safe, and even sanitizing with our super fogger and sanitizing liquid with mask wearing cannot ensure that everyone will stay safe. The numbers in New Hampshire have concerned the Board members and some have speculated the Governor will close down the state as well. Hopes are high the COVID vaccine will curb the virus spread.

We will try to keep everyone going by keeping touch online and we will continue serving our lunches as long as possible. You can reserve a lunch by calling the center before 10 :30 AM the day of the meal. Meals are \$5 for non-members, \$4 for members.

Interim Director	Jim Contois	504-8379		
Board of Directors			Shirley LaClair	542-3202
Chair	Denise Liveston	542-5725	Brenda Ruest	542-6644
Vice Chair	Debbie Bedard	558-3710	Dennis Francis	543-0551
Treasurer	Lloyd Mann	542-5774	Michele Bryant	543-0461
Secretary	Donna Cornett	826-3260	Marilyn Gilbert	542-5798

Center Daily Activities
Closed except for:

Sunday

Center Closed
Not yet open

Monday

Center Closed
Not yet open

Tuesday

Center Closed
Not yet open

11:45—12:15 Drive Through Lunch
1:00 PM **Membership Meeting (Dec 8)**

Wednesday

Not yet Open
Center Closed
8:30 AM Foot Clinic (December 9, 16, 23)

Thursday

11:45—12:15 Drive Through Lunch

Friday

Center Closed
Not yet Open

Activities will resume when we reopen

December Center monthly
business meeting December 8 @ 1:00
By-Laws vote
For a copy of the changes, ask at the
front desk,

There will be NO January Business
meeting due to closure.

Hopefully we will see you at the
Business meeting on
February 2 in 2021

Are you Puzzled?

We have jig saw puzzles you can borrow or
trade. Many have been completed before!
Call the center to arrange a time!

Pick-up Lunch at the Center

Enjoy our homemade lunch at the center on Tuesdays
and Thursdays with a drive through pickup. Have a
great meal, and you don't have to clean up!

December Menu

Call to reserve your meals; 543-5998
Pickup between 11:45 and 12:15

**Tuesday (1) Soup, Hamburger with lettuce, Tomato,
Onion, French Fries, Dessert**

**Thursday (3) Chicken Fricassee w/Dumplings, Veggie,
Dessert**

**Tuesday (8) Salad, Spaghetti W/Meat Sauce, Garlic
Bread, Dessert**

**Thursday (10) Soup, Baked Beans, Hot Dogs, Veggie,
Dessert**

**Tuesday (15) Soup, Shepherd's Pie, Dinner Roll, Des-
sert**

**Thursday (17) Soup, Pot Roast, Gravy, Mashed Pota-
toes, Veggie, Cake**

Tuesday (22) Holiday Celebration, \$10.00 pp

**Roast Turkey w/Stuffing, Mashed Potatoes w/gravy,
Cranberry Sauce, Squash, Pie**

Thurs (24) Closed Christmas Eve

**Tuesday (29) Soup, Baked Chicken Leg & Thigh, Baked
Potato w/Sour Cream, Veggie, Dessert**

Thursday (31) Closed New Years

Menu is subject to last minute change
Meals may be suspended temporarily
without notice.

Drive thru Takeout ONLY until further notice.

Foot Clinic has resumed!
Wednesdays December 9, 16, 23
Sponsored by Lake Sunapee Region
VNA & Hospice
There is a charge (\$25)
check senior center Facebook
Appointments will be required!
Call (603) 526-4077

Notice will be on Facebook and in
media if things change

***A Very Merry
Old Fashioned Christmas Turkey Dinner***

Turkey with stuffing, gravy, cranberry sauce. Mashed potato, squash and Dinner roll, and a delicious dessert



***Tuesday December 22;
11:45 AM til 12:45 PM***

Only \$10 per meal

Drive Through pickup only. Call 543-5998 to reserve your dinner

Buy 2 dinners on Tuesday

save 1 for Christmas Day!

No cooking on Christmas

We are accepting donations for the dinner.

Can you donate a frozen turkey? We also need help with desserts by donating money and ingredients for desserts to help with the dinner.



**American
Red Cross**

**Blood
Services**

Blood Drive at Claremont Senior Center

Monday, December 21

Make an appointment to donate
Call 800-RED-CROSS or online at
[https://www.redcrossblood.org/give.html/
donation-time](https://www.redcrossblood.org/give.html/donation-time)

Wheelock Travel

34 Opera House Square
Claremont, NH 0374



For all your travel wishes and needs

**Sarah Sucharzewski
604-543-0400**

Email: sarah@wheelocktravel.com

ROZ CAPLAN
Broker-Owner

21

O. 603-542-7766
C. 603-477-3766
rozcaplan@century21highview.com
www.century21highview.com
42 Summer Street
Claremont, NH 03743
Each Office Independently Owned and Operated



LATE MODEL AUTO & TRUCK PARTS

Local: 603-542-9595
New England: 800-782-6565
Nationwide: 800-562-3845
Fax: 603-542-2978



239 Old Newport Road
P.O. Box 1100
Claremont NH 03743-1100

Website: www.generalautosalvage.com
Email: sales@generalautosalvage.com



Happy December Birthdays!
Birthstone Tanzanite and Turquoise
Flower Narcissus

James Ambrose
 Mary Batchelder
 Merle Boardman
 Elizabeth Donavan
 Arthur Fines
 Janis Hodge
 Bette Midler

Karen Ambrose
 Diane Beaudry
 Luann Carter
 Kirk Douglas
 Lucy Fontaine
 David LaBarron
 Judy Rook

Virtual Tour of NH!

Looking for someplace to visit? How about in our back yard? This website has some great places in NH to visit. This link will take you on a virtual tour of some nice NH sites.

<https://nhgranitestateambassadors.org/virtual-tour-feedback>



Visit the Library!

We have several books in our lending library. If you take a book, please return it and make a donation of books you have enjoyed! Call to set up an appointment for book selection

Free Smoke Detector

Claremont Fire Dept is providing free smoke alarms to single family homes. If you don't have smoke detectors or they are more than 10 years old, they will install detectors for free!

Call 542-7012 or

email: cfrcode@claremntnh.com

Tom Belaire, Dep Chief, Fire Prevention

R U Bored?

If you would like to do some yard work or clean the inside of the building, call the center, 543-5998, leave your name and number, and we will get back to you.

Senior Center Catering
 Need catering for your function when you rent at the center?
 See Ken Simoneau for details!

What you want to do?

When the Center has reopened on a limited basis, there is a need to know what our members want

TELL US!! Drop a line to our email seniorctr5@gmail.com or write down what you want to happen at the center and drop it off at the desk.

Thinking of joining the center?

Come on over...we have a new member program.

Sign up for our

"One Month Trial Membership"

which means whatever date you sign up the membership will be good for one month. Come enjoy all of our programs and activities.

Did you get your FLU SHOT?

If you missed the Flu Clinic at the center sponsored by VNA, there are other opportunities:

CVS, Rite Aid, WalMart have Flu shots for a cost. If you have insurance, they may cover your cost.

Dartmouth Hitchcock has drive thru flu clinics by appointment. For information, go to the D-H website at:

https://www.dartmouth-hitchcock.org/flu/dhmc_flu_vaccine_schedule.html.

Reserve Your New Apartment Today!

Contact Leigh Stocker to Book a Virtual Tour:

lstocker@summercrest.net • 603-863-8181

- Competitive pricing
- Fun-loving community
- Convenient location
- 20+ years of experience



Independent Living | Assisted Living | Memory Care

SOUTHWESTERN COMMUNITY SERVICES VOLUNTEER DRIVERS PROGRAM

Seeking individuals with cars to provide transports for others who need to get to appointments. Can you help?
Please Call 542-9609 for information

Letter from the Chair

We all have to admit that 2020 has been a very unusual year. We have had many ups and downs and the roller coaster ride continues. I can't wait to kick 2020 out and hope 2021 is brighter.

As the holidays approach, yes, it stinks that the holiday season isn't like it has always been, but we need to remember we are not suffering alone. Everyone else is traveling the same road—no get togethers, not spending time with friends and family, missing grandchildren's milestones and not leading our "normal life".

There is a light at the end of the tunnel and we cannot give up now. We are almost there.

So let's all stick together—yes with masks and social distancing and help each other and try to be positive that 2021 will be better and we can return to some normalcy.

Try to have a good holiday season and we will get through this.

Denise Liveston, Board Chair

RENTALS AVAILABLE

We have several types: weddings, hourly, one day, funeral receptions, showers, birthday parties and board room (8 person capacity).

Member and Volunteer discounts may be Applicable.

Game Night on Hold

When we return, Every Tuesday nite
(6:00 - 9:00 PM)

Play Pool, Hand & Foot Card Game,
work on a puzzle, or socialize.

Business Card Ad

Any business that would like to put a Business Card size ad in our monthly newsletter is welcome! Cost is \$200.00 per year (12 inserts).

Senior Men's Breakfast On Hiatus (for men only)

**Good Food, Lousy Service Great Company!
We will return next year!**

Donations List

Small donations to the center help defray some of the expenses incurred in our daily operations especially regarding the kitchen and office. Members...feel free to offer suggestions to the list.
Thank you for your donations!

Desperately needed ITEMS!

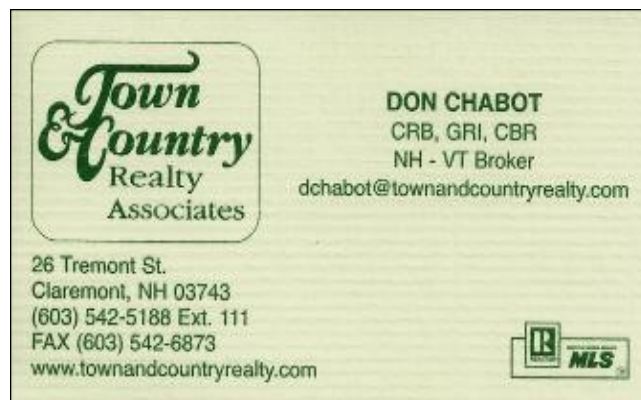
Post Card Postage Stamps (35 cents) for birthday cards "Forever" postage stamps
Hand Sanitizer (all sizes) "Scotch" tape "Sharpie" pens

Not so desperately but still needed ITEMS!

Lysol Spray Wal-Mart Gift Card Market Basket Gift Cards

Kitchen needs: Turkeys and dessert makings for our November Dinner

Quart and Gallon size Freezer Bags Sandwich and Snack size bags Left over/ deli containers
Market Basket Gift Cards Brown Sugar Chocolate and vanilla instant pudding



**Want to help the center financially?
Here's how to sign up for AmazonSmile. We
make money every time you buy!**

1. Visit smile.amazon.com
2. Sign in with your Amazon.com credentials
3. Choose a charitable organization to receive donations, or search for Claremont Senior Center as your charity choice.
4. Select Claremont Senior Center as your charity
5. Start shopping!
5. Add a bookmark for smile.amazon.com to make it even easier to return and start your shopping at AmazonSmile.

Frances J. Tolles Home Complex

Private rooms with meals for Elderly Women

Apartments for Elderly Men and Women

44 Sullivan St.
Claremont, NH 03743
(603) 542-3070



A little fun for you!

Try these links to Crayola for a little smile. Move your curser over the link or picture and click.

[Christmas Elf Ornaments, DIY Ornaments | Crafts | Crayola.com](#) | [Crayola CIY, DIY Crafts for Kids and Adults | crayola.com](#)

[Crayola CIY, DIY Crafts for Kids and Adults | crayola.com](#)



Lorraine Strobel has announced her retirement from VNA. Although she is retiring, Foot Clinic will continue, with Lorraine helping out from time to time. And Lorraine is a member and will be coming in for leisure and socializing instead of work! Congratulations on your Retirement, Lorraine



**Have you seen our
Facebook page?**



Claremont Senior Center, Inc.

We are trying to keep everyone informed during this crisis. We may need to post changes and information in a short notice, and this is the best way. You can reach the page even if you are not a Facebook subscriber.

What can you do during the pandemic?
Have you noticed we have books and puzzles to loan at the center? Call to arrange a time to pick up and deposit item.

Once again, we cannot thank our
volunteers enough!

Without volunteers we could not put on all of
the events that you enjoy. Volunteers are
worth more than gold!

Senior Center October volunteer hours

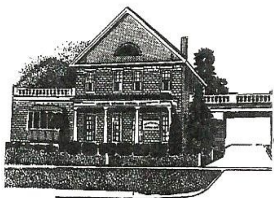
Meals	7 people	232 hours
Maintenance	2 people	11 hours
Desk	4 people	66.5 hours
Bingo		84 hours
Other		31 hours

Attention Volunteers!

We know that some volunteers have not
documented their hours!

Please be sure to document your hours in
the book at the front desk. Let everyone
know how hard you work.

I usually take a two-hour nap from one
to four. *Wisdom from Yogi Berra*



603-543-3146

Fax- 603-542-9223

email: memorials@stringerfh.com

**Stringer Funeral Homes,
Inc. & Crematorium**

Are you someone who would like to or-
ganize an activity? Or a fundraiser? Help
write a grant? Are you a Facebook fan
who can monitor and post on Facebook?
Would you like to do the newsletter? (I
will gladly relinquish the responsibility!)
Talk to Jim or Tom.

**Blood Pressure Clinic will resume
once our center reopens
Free blood pressure readings will
return soon!**

Snow Days The New Normal!

Our information is the school district
will still announce Snow Days when in-
clement weather strikes. The policy is to
close the center on School Snow Days.
So watch Channel 9 or 3 or visit their
websites, or listen to local radio, or visit
the SAU6 website. Or call the center. We
may still serve meals, and you will want
to call the center to confirm.

Penny Sale is FULL

We have enough for the Penny sale in
May! Hold your wonderful donations
until the next one!



Did you notice the clean carpet? Everything
was removed to the Owens room, ServePro
cleaned the carpets and this crew put all the
stuff back! Thank you everyone who worked
on it!

Are your Dues due?...

Membership dues are only good for 1
year. If your dues are not paid on time you
will not be eligible for member benefits.
You should receive a post card in the mail
or an email to help remind you when your
dues are up for renewal. YOU as a mem-
ber are valuable to our center community
and we do not want to add you to the
“inactive” member list! We hope you will
continue to participate in activities at the
center. You can send in your dues or hand
it in at lunch pickup. Thank you for pay-
ing your dues on time!

CLAREMONT SENIOR CENTER INC
5 ACER HEIGHTS RD
CLAREMONT NH 03743

RETURN SERVICE REQUESTED

Claremont Senior Times

Official Publication of the Claremont Senior Center, Inc.

Edited and compiled this month by Tom Liveston.

Scrutinized and proofed by many.

Highly praised by a few!

Claremont Senior Center Mission Statement

The Claremont Senior Center, Inc. is a non-profit organization registered in New Hampshire, to benefit senior citizens in Claremont and the surrounding area. This organization enhances networking and provides educational, health, nutritional, artistic, social and recreational opportunities and resources.