



Claremont Senior Times

Official Publication of the
Claremont Senior Center, Inc.

5 Acer Heights Rd. ~ Claremont, NH 03743 ~ Tel. (603)543-5998
E-mail: seniorectr5@comcast.net Website: cnhcs.org

Volume 22 ~ Issue 5 Welcome Back

Happy Mothers Day to all mothers!

AARP Property Tax Help Again this year

On May 21, AARP will provide Property tax help from 9 AM until 12 PM. Service will be on a first come first served basis in the Mozden Room. Please use the Mozden Room entrance. Bring your 2020 tax return and last property tax bill to the session.

Summer Concerts will happen again

Summer Concerts will happen again! We have booked 2 bands for Saturday July 3 and Friday August 6. Concerts are scheduled for 6:30 til 8 PM.



Daffodils in the front garden.

Puzzles and a new puzzle table from Greater Sullivan Strong Grant.



May 2021

No May Business Meeting
A June 8 Membership Business Meeting is planned.



A beautiful day at the center.
Opening Day April 27, 2021
We were very happy to see it!

COVID restrictions still in effect at the Senior Center Candidates needed for Board of Directors.

At this time, Board members have decided to continue restrictions according to the COVID guidelines. With many opinions about how the Center business should be conducted, the opportunity to help make the decisions is at hand. Normally, elections are scheduled in May, with candidates presented in April for members to review. The elections will be delayed until the Nominating Committee can present a list of candidates to the membership at the June business meeting. With the delay of the election, the new Board of Directors members will be elected at the July business meeting. A new deadline of May 15 has been established to get your name on the list.

Do you have what it takes? If you can help, submit a letter to the Nominating Committee. If you can give the center some of your time, we need your help. Contact the center for information on what is required to be a Board Director.

There is also an election for a Finance Committee member. Can you serve as a member of the Nominating committee, determining eligibility and conducting the election? Ask if you are interested.

No experience is necessary. Just an interest in helping the Center and a willingness to commit some time.

Interim Director Board of Directors

Chair

Vice Chair

Treasurer

Secretary

Pending

Denise Liveston	542-5725	Brenda Ruest	542-6644
Debbie Bedard	558-3710	Dennis Francis	543-0551
Lloyd Mann	542-5774	Michele Bryant	543-0468
Donna Cornett	826-3260	Marilyn Gilbert	542-5798

Mon. - Fri.

Tentative Schedule for our reopen

Saturday and Sunday

Closed

Monday

Closed for Cleaning

Tuesday

9 AM — 3PM Open for activities
11:45 AM Drive through Lunch
6 - 9 PM Game Night

Wednesday

Closed for Cleaning

Thursday

9 AM — 3PM Open for activities
11:45 AM Drive through Lunch

Friday

Closed for Cleaning

Activities during open hours:

Pool, Card Games, Cribbage, Puzzles, Chess, Mah-jong, Corn Hole, Ping Pong, Knitting, Quilting, Socializing, Hanging out, Computer use, Browsing the Library, Suggestions

Men's Breakfast is returning!

Monday May 17; 8 AM
Pancakes, bacon, juice and coffee.
Lousy service, great company.
Still \$2 members, \$3 guest men.
Sign up appreciated
Come in or call 543-5998

Coming Soon!

Our almost annual Penny Sale. Bigger! Better than ever. **July 18**. Save the date! Tools, sports gear, kitchen and household items, curios, collectibles and more! We need volunteers! Contact the Center if you can help.



ROZ CAPLAN
Broker-Owner

O. 603-542-7766
C. 603-477-3766

rozcaplan@century21highview.com
www.century21highview.com
42 Summer Street
Claremont, NH 03743

Each Office Independently Owned and Operated

May 2021 Menu

Menu is subject to change
Drive thru Takeout ONLY

Tuesday (4) Salad, American Chop Suey, Dessert

Thursday (6) Beef Stew, Biscuit, Dessert

Tuesday (11) Mother's Day, Bourbon Chicken, Rice, Vegetable, Dessert

Thursday (13) Salad, Lasagna, Garlic Bread, Dessert

Tuesday (18) Turkey with Gravy over Rice, Vegetable, Dessert

Thursday (20) Meatloaf, Mashed Potatoes, Vegetable, Cake

Tuesday (25) BBQ Pork Ribs, Potatoes, Vegetable, Dessert

Thursday (27) Soup & Ham or Turkey & Cheese Grinder w/fixings, Dessert

**Call 543-5998 to reserve your meal.
Meals may be suspended temporarily
without notice.**

**Our meals are made fresh by our
volunteer staff and mostly
from scratch.**

Ken has shared 2 of his favorite recipes. He has requested members to share recipes of your favorites or maybe a family recipe so we can put it into the menu or in the newsletter! You can drop it off at lunch; give it to Ken or Tom, or bring it in to the front desk. Or you can email it. BUT PLEASE DO NOT TEXT IT! Our phone doesn't do texts!



LATE MODEL AUTO & TRUCK PARTS

Local: 603-542-9595
New England: 800-782-6565
Nationwide: 800-562-3845
Fax: 603-542-2978



239 Old Newport Road
P O Box 1100
Claremont NH 03743-1100

Website: www.generalautosalvage.com
Email: sales@generalautosalvage.com

ONE MORE TIME!

Our delicious Turkey Dinner

Turkey with stuffing, gravy, cranberry sauce, mashed potato, squash and dinner roll, and a delicious piece of fresh made pie

*Saturday, May 15
Pick up 4:30 to 6:00 PM
Still Only \$10 per meal*



Drive Through pickup only.

To ensure your meal, call 543-5998 to reserve your dinner.

We are accepting donations for dinner supplies.

Can you donate a frozen turkey? We also need help with our dinner by donating money and pie crusts and fillings to help with the dinner.



**American
Red Cross** | Blood
Services

Blood Drive at Claremont Senior Center

Monday, May 10, 2021; 12 to 5 PM

To make an appointment to donate
Call 800-RED-CROSS or online at
<https://www.redcrossblood.org/give.html/>

Reserve Your New Apartment Today!

Contact Leigh Stocker to Book a Virtual Tour:
lstocker@summercrest.net • 603-863-8181

- Competitive pricing
- Fun-loving community
- Convenient location
- 20+ years of experience



Independent Living | Assisted Living | Memory Care

EssCor
ELECTRONICS

www.EssCorElectronics.com

Steve Spetelunas - Owner 603-542-3745
4 Second Street 603-287-4333 fax
Claremont, NH 03743 Steve@EssCorElectronics.com

Foot Clinic
Thursday, May 6
Wednesdays May 12, 19, 26
Sponsored by Lake Sunapee Region
VNA & Hospice
There is a charge (\$25)
Appointments will be required!

New NUMBER!
Call (603) 748-1731

Happy May Birthdays!
Birthstone **Emerald**
Flower **Lily of the Valley**

Lorraine Boggis
George Clooney
Sandra Flack
Cheryl Gagne
Lynda Howard
John Hurley
Shirley LaClair
Oliver Leonard
Pauline Pelletier
Ken Simoneau
Judy Wells

Michelle Bryant
Tina Fey
Sister Louise Foisy
Alex Herzog
Wayne Howe
Dwayne Johnson
Raymond Lee
Wanda Mardanes
Bonnie Sanford
James Tuozzo
Debra Winger

Christmas in New York City

We are looking at the possibility of a trip to NYC for Christmas. The trip would include the Radio City Spectacular Christmas show, and at least 2 overnights. We have several people who are interested, but we need more if we are to put the work into the trip. We need to know if it will be worthwhile to further pursue. If you have never been to NYC at Christmas, you have missed a great trip.

Call the center and leave a message, write a note and hand it in at lunch, or email us that you are interested.



**A Birthday Button for you to cut out
and wear on your birthday.**

Frances J. Tolles Home Complex

Private rooms with meals for Elderly Women

Apartments for Elderly Men and Women

44 Sullivan St.
Claremont, NH 03743
(603) 542-3070



Donations List

Small donations to the center help defray some of the expenses incurred in our daily operations especially regarding the kitchen and office. Members...feel free to offer suggestions to the list. Thank you for your donations!

Desperately needed ITEMS for the kitchen!

Market Basket gift cards turkeys
pie fillings: apple, cherry, blueberry, mincemeat
Sandwich or Snack size bags

butternut squash bell stuffing mix
pie crust spaghetti elbow macaroni
left over/ deli containers

Other still needed ITEMS!

Lysol Spray Wal-Mart Gift Card "Forever" First class postage stamps
Quart and Gallon size Storage and Freezer Bags

Disinfecting wipes

HELP US OUT!

Want to help the center financially?
Here's how to sign up for
AmazonSmile.

We make money every time you buy!



1. Visit smile.amazon.com
2. Sign in with your Amazon.com credentials
3. Choose a charitable organization to receive donations, or search for Claremont Senior Center as your charity choice.
4. Select Claremont Senior Center as your charity
5. Start shopping!
6. Add a bookmark for smile.amazon.com to make it even easier to return and start your shopping at AmazonSmile.

Wheelock Travel

34 Opera House Square
Claremont, NH 0374



For all your travel wishes and needs

Sarah Sucharzewski
604-543-0400
Email: sarah@wheelocktravel.com

Thinking of joining the Center?

Come on over...we have a new member program.

Sign up for our

"One Month Trial Membership"

which means whatever date you sign up the membership will be good for one month. Come enjoy all of our programs and activities. Bring a friend.

We hope you will join us!

Thank you Bob! The grounds look Great!
If you can help with ground or flower beds,
please let us know!



Senior Center Catering

Need catering for your function when you rent at the center?
See Ken Simoneau for details!

What do you want to do?

Since the Center has reopened on a limited basis, there is a need to know what our members want

TELL US!! Drop a line via our email, seniorctr5@gmail.com, or write down what you want to happen at the center and drop it off at the desk.

Visit the Library!

We have several books in our lending library. Come take a book. Make a donation of books you have enjoyed!

R U Bored?

If you would like to do some yard work or clean the inside of the building, call the center, 543-5998, leave your name and number, and we will get back to you.

Business Card Ad

Any business that would like to put a Business Card size ad in our monthly newsletter is welcome! Cost is \$200.00 per year (12 inserts).



Have you seen our
Facebook page?



Claremont Senior Center, Inc.

We are trying to keep everyone informed during this crisis. We may need to post changes and information in a short notice, and this is the best way. You can reach the page even if you are not a Facebook subscriber.

Free Smoke Detector

Claremont Fire Dept is providing free smoke alarms to single family homes. If you don't have smoke detectors or they are more than 10 years old, they will install detectors for free!

Call 542-7012 or
email: cfdcode@claremontnh.com
Tom Belaire, Dep Chief, Fire Prevention

Letter from the Chair:

I think spring has finally sprung. The daffodils in front and back of the Center are bright and, I hope, making us smile. Now for a little more sun and a little less wind!

We are now open Tuesdays and Thursdays and soon the Board will likely be adding a couple more days to be open. Please note that until the Board rescinds the mask mandate, masks ARE required when in the Center. Please note that New Hampshire has not yet reached herd immunity. We are getting closer but not there yet.

Also, the generator has passed the city inspection as soon as a minor detail is taken care of. Finally!

While we have been home and protecting ourselves, the scammers have been even busier trying to con us. According to reports, they have been very successful. In New Hampshire alone, according to NH Union Leader, 4-26, the most recent scam has scammed nearly \$90,000 from NH residents by pretending to be from the FBI or another government agency. Government agencies DO NOT call for money. If you have been contacted by someone saying they are from the FBI, you can get confirmation. Members of the public seeking to confirm that they have been contacted by an FBI employee can call the FBI Boston division at 1-857-386-2000 and ask to be connected directly.

Have you been receiving emails that look suspicious? Before opening, check the sender's email address. If it has an email address ending in gmail, yahoo, etc, and is not from the agency or company it claims to represent, it is a scam. Delete it immediately. This is also a good way to prevent a virus from being attached to your computer.

The Board hopes everyone is getting their vaccines. It was so exciting to hear voices and laughter, and to see members participating in activities this past week. We want to see you here.

Stay Safe. Think Spring!

Denise Liveston, Board Chair

If you have changed your mailing address, email, phone number or contact information within the last year, PLEASE let us know. We have had a number of emails and post cards returned.

Thank you for updating and taking care of this.

The Boys Are Back!



SOUTHWESTERN COMMUNITY SERVICES VOLUNTEER DRIVERS PROGRAM

Seeking individuals with cars to provide transportation for others who need to get to appointments. Can you help?

Please Call 542-9609 for information

Zoom comes to CSC

Claremont Senior Center has acquired a ZOOM license to use for the members to connect with friends and family. Almost as good as being there.

So many of us
enjoy Ken's
Toutiere!
Thank you
Ken and
kitchen staff..



DON CHABOT

CRB, GRI, CBR

NH - VT Broker

dchabot@townandcountryrealty.com

26 Tremont St.

Claremont, NH 03743

(603) 542-5188 Ext. 111

FAX (603) 542-6873

www.townandcountryrealty.com





Once again, we cannot thank our volunteers enough!

Without volunteers we could not put on all of the events that you enjoy. Volunteers are worth more than gold!

Senior Center March volunteer hours

Kitchen	6 people	199 hours
Desk	1 person	27 hours
Grounds	1 person	many hours
Other	4 people	43 hours

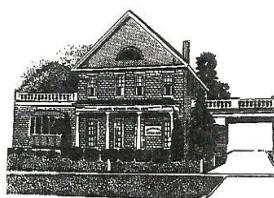
Attention Volunteers!

We know that some volunteers have not documented their hours!

Please be sure to document your hours in the book at the front desk. Let everyone know how hard you work.

Does not include Board, Finance and custodial volunteer times.

**Blood Pressure Clinic will resume once our center reopens
Free blood pressure readings will return soon!**



603-543-3146

Fax- 603-542-9223

email: memorials@stringerfh.com

Stringer Funeral Homes,
Inc. & Crematorium

Are you someone who would like to organize an activity? Or a fundraiser? Help write a grant? Are you a Facebook fan who can monitor and post on Facebook? Would you like to do the newsletter? (I will gladly relinquish the responsibility!) Let us know!

Do you need food?
Call Denny Francis at 543-0551

211 is the number to dial when you need help or don't know where to call.

211 NH makes information much easier to find. All calls from anywhere in NH are free and confidential and you are guaranteed person-to-person assistance 24/7 with translation assistance in over 150 languages. For everyday needs and difficult times, 211 NH is your connection to thousands of resources available in NH.

211 NH is strictly information and referral. They do not provide direct services, but if you are looking for something anywhere from dog food to mental health they can point you in the right direction.

Visit www.211nh.org for additional information.

Are you Puzzled?

We have jig saw puzzles you can borrow or trade. Many have been completed before!

Come and grab one!
Oh! And take a book, too!

Are your Dues due?...

Membership dues are only good for 1 year. If your dues are not paid on time you will not be eligible for member benefits. You should receive a post card in the mail or an email to help remind you when your dues are up for renewal. YOU as a member are valuable to our center community and we do not want to add you to the "inactive" member list! We hope you will continue to participate in activities at the center. You can send in your dues or hand them in at lunch pickup. Thank you for paying your dues on time!

CLAREMONT SENIOR CENTER INC
5 ACER HEIGHTS RD
CLAREMONT NH 03743

RETURN SERVICE REQUESTED

Claremont Senior Times

Official Publication of the Claremont Senior Center, Inc.

Edited and compiled this month by Tom Liveston.

Scrutinized and proofed by many.

Highly praised by a few!

Claremont Senior Center Mission Statement

The Claremont Senior Center, Inc. is a non-profit organization registered in New Hampshire, to benefit senior citizens in Claremont and the surrounding area. This organization enhances networking and provides educational, health, nutritional, artistic, social and recreational opportunities and resources.