



Claremont Senior Times

*Official Publication of the
Claremont Senior Center, Inc.*

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November 2021

Announcing the Claremont Senior Center Car Show Calendar!

HOT OFF THE PRESS! The 2022 calendar featuring winners of this year's 2021 car show. Each month features a different picture of a class winning car. Only \$12 when picked up at the center; add \$6 shipping and handling for each calendar if we mail it to you. Makes a great gift for someone you care for. Or get one for yourself.

Match it with Car Show T-shirts, which are still available!



Ken doesn't just make Men's Breakfast— He enjoys eating as well. Our speaker was the City Manager.

Ken has resigned as Kitchen Manager

Ken will still be cooking and working in the kitchen, but said the duties of kitchen manager need to be passed to a successor. He will still be involved with the center Policy Committee, and do catering and concessions. We GREATLY appreciate Ken's work for us over the past 5 years. **THANK YOU KEN!**

If you know some one who might take over, ask them to come talk to us. The position is a volunteer no-pay job.

**We thank all our advertising sponsors.
MEMBERS— Please remember to patronize
their establishments!**

Executive Director Board of Directors

Chair
Vice Chair
Treasurer
Secretary

Open Position

Michele Bryant 543-0468
Thomas Liveston 542-5725
Lloyd Mann 542-5774
Donna Cornett 826-3260

Thank you veterans

Our vets served in defense of our principles and the privileges afforded all Americans by the constitution. Reserve or regular, combat or support, all served for us. We have vets from all wars since WWII and those who served in peacetime.

Thank you to all! Army, Air Force, Navy, Marines, Coast Guard.
Happy Veterans' Day.



Introducing new activity!

Do you like Game night on Tuesday and Thursday nights? Don't like to drive in the dark? We are now open for Game afternoons. A few members have indicated Tuesday and Thursday afternoons are best for them. Call some friends and come in for cards, pool or board (not bored) games.

Tuesday and Thursday Game nights are still on from 6 til 9. Come in and play cards or Mahjong, shoot pool or start a corn hole group!

Have you met our new custodian / maintenance person? We look forward to having John with us.

Mon. - Fri.
Schedule for November 2021

Saturday and Sunday Still Closed

Monday

8 AM Men's Breakfast (15)
9 AM — 3PM Open for activities
9 AM Ladies' Pool

Tuesday

9 AM — 3PM Open for activities
10—11 AM Low Impact Exercise (by video)
11:45 AM Drive through Lunch
1—3 NEW!! Afternoon Games
6 - 9 PM Open for activities

Wednesday

8:30 AM **Foot Clinic (10, 17)**
9 AM — 3PM Open for activities
10 AM—2 PM Quilting (3)
1 PM Bingo (Last card sold 12:45 PM)
4 PM Corn Hole

Thursday

9 AM — 3PM Open for activities
10—11 AM Low Impact Exercise (by video)
11:45 AM Drive through Lunch
6 - 9 PM Open for activities

Friday

8:30 AM **Foot Clinic (26)**
9 AM — 3PM Open for activities
10 AM—2 PM Quilting (19)
1—3 PM Knitters, mahjong

Monday thru Friday (9:00AM-3 PM)
Activities ANYTIME during open hours:
Pool, Card Games, Cribbage, Puzzles, Chess,
Mahjong, Corn Hole, Ping Pong, Knitting,
Quilting, Socializing, Hanging out, Computers
Browsing the Library, Suggestions

Monthly Business meeting is
November 2 at 1:00

HELP OUT THE KITCHEN!

We REALLY need help with Meals. Maybe once a month dinners or a couple of days a week, or a few times a month on Tuesday or Thursday. We need help with preparation, cleaning, serving. You can talk to Ken or leave a note or send us an email.



November 2021 Menu
Menu is subject to change.
Drive thru Takeout ONLY
Pickup 11:45 to 12:15

Tuesday (2) Soup, Homemade Baked Beans Hot Dogs, Vegetables, Dessert

Thursday (4) Meatball Stew (NEW), Dessert

Tuesday (9) Soup, Macaroni & Cheese, Ham, Vegetable, Dessert

Thursday (11) Soup, Meatloaf, Mashed Potatoes w/gravy, Vegetable, Dessert Veterans Day Celebration

Tuesday (16) Soup, Fresh Made Stuffed Peppers, Rice, Dessert

Thursday (18) Soup, Chicken Breast Pizza (NEW), Vegetable, Cake

Tuesday (23) Thanksgiving Celebration, Roast Turkey w/Stuffing, Mashed Potatoes w/gravy, Cranberry Sauce, Vegetable, Pie \$10.00 pp

Thursday (25) Closed Thanksgiving

Tuesday (30) Salad, American Chop Suey, Garlic Bread, Dessert

Call 543-5998 to reserve your meal.
Meals may be suspended temporarily without notice.

Please return 3 compartment meal containers for reuse after sanitization. This will reduce costs to help us keep prices the same.

Senior Men's Breakfast is back!
Monday, November 15; 8:00 AM

Same good food, and great company!
Still \$2 members, \$3 non-members

ROZ CAPLAN
Broker - Owner

21

O. 603-542-7766
C. 603-477-3766
rozcaplan@century21highview.com
www.century21highview.com
42 Summer Street
Claremont, NH 03743

Each Office Independently Owned and Operated

Gobble!Gobble!Gobble!

Old Fashioned Turkey Dinner

Turkey with stuffing, gravy, cranberry sauce, mashed potato, squash and Dinner roll, and a delicious dessert

Tuesday November 24; 11:45 AM til 12:30 PM
Only \$10 per meal

Drive Through pickup only. Call 543-5998 to reserve your dinner

Buy 2 dinners on Tuesday save 1 for Thanksgiving Day!

No cooking on Thanksgiving Day

We are accepting donations for the dinner.

Can you donate a frozen turkey? We also need help with desserts by donating money and ingredients for desserts to help with the dinner.

We have a Notary Public

A member has informed us she is a Notary Public and will provide service for our seniors.

Let us know if you need service with your phone number or email address and we will have her contact you and set up a meeting.

Business Card Ad

Any business that would like to put a Business Card size ad in our monthly newsletter is welcome! Cost is \$200.00 per year (12 inserts).

Foot Clinic

Thursday, November (4);

Wednesdays November 10, 17

Friday November 26

Sponsored by

Lake Sunapee Region VNA & Hospice

There is a charge (\$25)

Appointments will be required!

New NUMBER!

Call (603) 748-1731

Knitters Donate to Kids Again!

from the Knitters Group

Our knitters have once again worked to keep the Headstart kids warm. Our knitters group has made 38 hat and mitten sets for the children at Head Start this year. We want to say a big "thank-you" to Juanita Ploof. She couldn't join us to knit because of health issues, but she made 8 sets to bring us to our total!

We hope new knitters will join us to help reach our goal for next year. We meet on Friday afternoons, and gladly welcome knitters of all levels. Always wanted to learn how to knit? Want to make your grandchildren some mittens? Do you want to know how to do it? Come and ask for advice or help. Friday afternoon, come on in!



Happy November Birthdays!

***Birthstone
Flower***

***Topaz and Citrine
Chrysanthemum***

Theresa Allard
Christie Clough
Lorraine Dion
Sally Field
Barbara Fontaine
Scott Gilbert
Whoopi Goldberg
Leon Hobbs
Carolyn Lavarne
Tracy Morgan
Kenneth Scully
Loretta Swit

Gary Bedard
Ken Coulombe
Dan Donovan
Sally Fellow
Raymond Gagnon
Donald Girard
Norma Hjerstrom
Brenda Kangas
Melba Merrifield
Cornelius Pardy
Virginia Smith



BINGO!

**WE STILL NEED PEOPLE
TO SIGN UP FOR ALL POSITIONS
TO CONTINUE BINGO.**

**A SIGN UP SHEET IS AT THE
SIDE DESK COUNTER AND AT BIN-
GO.**

**PLEASE HELP US TO CONTIN-
UE THE FUN! THANK YOU.**

**A Birthday Button for you to cut out
and wear on your birthday.**

Frances J. Tolles Home Complex

Private rooms with meals for Elderly Women
Apartments for Elderly Men
and Women

44 Sullivan St.



Are you someone who would like to organ-
ize an activity? Or a fundraiser? Help write
a grant? Are you a Facebook fan who can
monitor and post on Facebook? Would you
like to do the newsletter? (I will gladly re-
linquish the responsibility!) Let us know!



Local: 603-542-1395
New England: 800-562-3845
Nationwide: 800-562-3845
Fax: 603-542-2978

LATE MODEL AUTO & TRUCK PARTS

Website: www.generalautosalvage.com
Email: sales@generalautosalvage.com

Center Donations List

Small donations to the center help defray some of the expenses incurred in our daily operations especially regarding the kitchen and office. Members...feel free to offer suggestions to the list.
Thank you for your donations!

Desperately needed ITEMS for the kitchen!

Market Basket gift cards Bell stuffing mix spaghetti elbow macaroni
pie fillings: apple, cherry, blueberry, mincemeat pie crust creamy peanut butter
Cake and brownie mixes Puddings left over/ deli containers Turkeys
Cans of fruit cocktail, peaches and cranberry sauce frozen vegetables

Ask Ken for other kitchen items that are needed

Other still needed ITEMS!

Facial Tissue Wal-Mart Gift Card "Forever" First class postage stamps Lysol Spray

HELP US OUT!

Want to help the center financially?
Here's how to sign up for
AmazonSmile.



We make money every time you buy!

1. Visit smile.amazon.com
2. Sign in with your Amazon.com credentials
3. Choose a charitable organization to receive donations, or search for Claremont Senior Center as your charity choice.
4. Select Claremont Senior Center as your charity
5. Start shopping!
6. Add a bookmark for smile.amazon.com to make it even easier to return and start your shopping at AmazonSmile.



A view of the clean lobby! Serve Pro cleaned the carpets as a result of the burst expansion tank last summer. All the carpets were "supercleaned". Thank you to those who helped move things out then back in!

Show us your Vaccine Card and get your Center Vaccine card

The numbers have not diminished. The policy no vaccine, wear a mask. When entering the building, show your card at the desk for a "Dot of the Day". No vaccine verification gets an orange dot, vaccine verified gets a different dot. If you do not have a dot or have an orange dot, you must wear a mask. Of course if you're vaccinated, you may wear a mask if you wish at any time.

Our goal is to keep everyone as safe as possible. Wearing masks has proven to be the most effective way to prevent the spread of infections. This will provide a higher degree of safety for everyone in the building and will also help prevent the spread of the flu. Help us by verifying your vaccine card.

What do you want to do?

TELL US!! Drop a line via our email, seniorctr5@gmail.com, or write down what you want to happen at the center and drop it off at the desk.

R U Bored?

If you would like to do some yard work or clean the inside of the building, call the center, 543-5998, leave your name and number, and we will get back to you.

RENTALS AVAILABLE

Rentals are now available! Tell your friends, relatives, acquaintances and, yes, even your enemies! We have rentals for many events; hourly, one day or multiple days, weddings, funeral receptions, showers, birthday parties, in the Mozden room, Owens room or the conference room (8 person capacity).

Member and Volunteer discounts may apply! Ask at the desk for information.

Thinking of joining the Center?

Come on over...we have a new member program. Sign up for our

"One Month Trial Membership"

which means whatever date you sign up the membership will be good for one month. Come enjoy all of our programs and activities. Bring a friend. We hope you will join us!

Do you need food?

Call Denny Francis at 543-0551



2nd Annual Ugly Sweater cookie contest

We are planning once again to have our Ugly Sweater Cookie contest. It was a lot of fun and we expect many more participants this time around..

A short letter from the Vice Chair:

Time Flies!!! Halloween is gone, Thanksgiving is here, Christmas is just a month away! We are still moving along. We still have COVID looming and many of our members are still skeptical about their safety. Hopefully we can at least have some "normalcy" to our holidays with friends and family.

Speaking of holidays— our Thanksgiving dinner is once again the Tuesday, November 24th, before the big day. We will be doing the Noon Drive through but charging \$10 for a holiday quality traditional Turkey Dinner. We have many who have ordered extra meals to have on Thanksgiving or another time. We are also planning our 2nd Ugly Sweater Cookie Contest. Participants last year told us how they enjoyed the activity, so we are hoping it will bring a smile to many more of our Seniors.

Along with that, we are hoping for more activities in the coming time. We are adding afternoon Game Day from 12 to 3 on Tuesdays and Thursdays. The idea is a "Game Nite" before dark. So, come join the card and Mahjong groups— before or after sunset!

To make new activities happen, we need help to put them together. Perhaps you have some time to help out. The place does not run by itself! Also, we are still looking for an Executive Director. If you know someone who might be interest, have them contact us!

So, in finishing this letter, I want to invite you to keep coming to the Center to meet with friends and socialize. And of course wishing you a Happy Thanksgiving!

Tom Liveston, Board Vice-Chair



Las Vegas came to Claremont through comedian and promoter Ralph Tutola. Ralph rented the Owens room and put on a raucous comedy show featuring several comedians through the night. The show was met with lots of laughter and great reviews from the audience. If you missed it, he will be back next October!

If you have changed your mailing address, email, phone number or contact information within the last year, PLEASE let us know. We have had a number of emails and post cards returned.

Thank you for updating and taking care of this



**American
Red Cross**

Blood
Services

Blood Drive at Claremont Senior Center

Monday, November 29, 2021; 12 to 5 PM

To make an appointment to donate
Call 800-RED-CROSS or online at
<https://www.redcrossblood.org/give.html/donation-time>

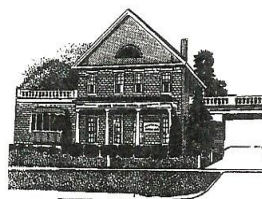
Zoom comes to CSC

Claremont Senior Center has acquired a ZOOM license to use for the members to connect with friends and family. Almost as good as being there.



DON CHABOT
CRB, GRI, CBR
NH - VT Broker
dchabot@townandcountryrealty.com

26 Tremont St.
Claremont, NH 03743
(603) 542-5188 Ext. 111
FAX (603) 542-6873
www.townandcountryrealty.com



603-543-3146

Fax- 603-542-9223

email: memorials@stringerfh.com

**Stringer Funeral Homes,
Inc. & Crematorium**

Once again, we cannot thank our
volunteers enough!

Without volunteers we could not put on all of
the events that you enjoy. Volunteers are
worth more than gold!

Senior Center September volunteer hours

Kitchen	6 people	319 hours
Desk	5 people	80 hours
Grounds	1 person	6 hours
Other	4 people	79 hours
Bingo	6 people	53 hours

Attention Volunteers!

We know that some volunteers have not
documented their hours!

Please be sure to document your hours in
the book at the front desk. Let everyone
know how hard you work.

Does not include Board, Finance and
custodial volunteer times.

**211 is the number to dial when you
need help or don't know where to
call.**

211 NH makes information much
easier to find. All calls from any-
where in NH are free and confidential
and you are guaranteed person-to-
person assistance 24/7 with transla-
tion assistance in over 150 languages.
For everyday needs and difficult
times, 211 NH is your connection to
thousands of resources available in
NH.

211 NH is strictly information and
referral. They do not provide direct
services, but if you are looking for
something anywhere from dog food
to mental health they can point you in
the right direction.

Visit www.211nh.org for additional
information.

Gift Certificates . . . Give someone a
great gift for a birthday, anniversary, any celebra-
tion or occasion with a \$5.00 gift certificate for a
Tuesday or Thursday lunch at the center. Mem-
bership certificates also available for \$20.00.

Yogi Berra words of wisdom
We made too many wrong mistakes.
I usually take a two-hour nap from one to four.
You can observe a lot by just watching.

If you like these, see 50 of Yogi's best quotes at
<https://ftw.usatoday.com/2019/03/the-50-greatest-yogi-berra-quotes>

It's puzzling!

We have two puzzles going in the lobby!
Come work out the puzzling pictures in
our new beautiful puzzles

We also have puzzles you can borrow or
trade. Many have been completed before!
So, come and grab one!

Oh! And take a book, too!

Crafty Business

We have several members who are
asking for craft activities and work-
shops. We have many talented mem-
bers who do crafts. Are you willing to
volunteer and share one or more of
your crafts with everyone? Let us
know; we will provide space, time,
and support. Come talk to us to make
it happen and make it easy for you!

Wheelock Travel

34 Opera House Square
Claremont, NH 0374



For all your travel wishes and needs

Sarah Sucharzewski

604-543-0400

Email: sarah@wheelocktravel.com

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RETURN SERVICE REQUESTED

Claremont Senior Times

Official Publication of the Claremont Senior Center, Inc.

Edited and compiled this month by Tom Liveston.

Scrutinized and proofed by many.

Highly praised by a few!

Claremont Senior Center Mission Statement

The Claremont Senior Center, Inc. is a non-profit organization registered in New Hampshire, to benefit senior citizens in Claremont and the surrounding area. This organization enhances networking and provides educational, health, nutritional, artistic, social and recreational opportunities and resources.