



Claremont Senior Times

*Official Publication of the
Claremont Senior Center, Inc.*

5 Acer Heights Rd. ~ Claremont, NH 03743 ~ Tel. (603)543-5998
E-mail: seniorectr5@comcast.net Website: cnhcs.org

Volume 23 ~ Issue 6

June 2022

Parking Lot Renewal at Last!



Our Parking Lot- Finally, will be renewed by the end of the month. We have been working for 2 years to get it done. Last year, the cracks were sealed thanks to a grant from Claremont Savings Bank. We received another grant from CSB last year to finish the job, but we had to add to the amount with remaining funds coming from last year's Car Show funds. The job was completed by Matthew Enterprises. In addition to the crack seal and surface coating, they repaired the asphalt deterioration that has occurred over the years. This should last several years. Striping should be completed by the end of the month.

Monthly Meals on Summer Vacation

Our monthly fundraiser meals have been postponed for the summer. We plan to return to our fabulous 3rd Saturday night of the month dinners in September.

Speaking of Meals!!! We are now eating in the Dining room. We have more people coming back inside each meal. Same great meal for the same bargain price. Drive thru meals will continue as well. Be sure to call (603)543-5998 to make your reservation, and specify inside or out.

Yard Sale in July

Our July fundraiser Event is a Yard Sale on July 22nd and 23rd. We are collecting items to be donated. So take a few minutes and clean out those gently used or never used items to donate to the center yard sale. Your chance to get rid of those gifts or gadgets you never used and make it someone's treasure.

We are now accepting donations of useful items. We can not accept large appliances, large furniture, mattresses, luggage, carpets and rugs, clothes, shoes, typewriters, computers, TVs, exercise equipment, skis, or anything else we feel is not saleable. But you are welcome to come to the Yard Sale and make someone else's stuff yours for a bargain price!

St Joseph Student Award night is back

With a three year break to honor Stevens High School Seniors, the event is back on track. This year's event will mark the 66th St Joseph's Sports Award Dinner. Claremont Senior Center is providing the Owens Room, and Claremont Elks is providing the meals. The event will be held on June 14

Executive Director Board of Directors

Chair

Vice Chair

Treasurer

Secretary

Jim Contois 504-8379

Lloyd Mann 542-5774	Brenda Ruest 542-6644
Thomas Liveston 542-5725	Marilyn Gilbert 542-5794
Larry Johnson 542-5774	Shirley LaClair 542-3202
Lynda Howard 558-2252	

Mon. - Fri.
Schedule for June 2022
Open Monday through Friday
Saturday and Sunday Still Closed

Monday

8 AM Men's Breakfast (20)
9 AM — 3PM Open for activities
9 AM Ladies' Pool

Tuesday

9 AM — 3PM Open for activities
10—11 AM Low Impact Exercise (by video)
11:45 AM Indoor Dining
12 PM Drive through Meal
1—3 NEW!! Afternoon Games
6 - 9 PM Open for activities

Wednesday

8:30 AM **Foot Clinic (8, 15, 22)**
9 AM — 3PM Open for activities
10 AM—2 PM Quilting (3)
1 PM Bingo (Last card sold 12:45 PM)
4 PM Corn Hole

Thursday

8:30 AM **Foot Clinic (2)**
9 AM — 3PM Open for activities
10—11 AM Low Impact Exercise (by video)
11:45 AM Indoor Dining
12 PM Drive through Meal
6 - 9 PM Open for activities

Friday

9 AM — 3PM Open for activities
10 AM—2 PM Quilting (17)
1—3 PM Knitters, mahjong

Monday thru Friday (9:00AM-3 PM)
Activities ANYTIME during open hours:
Pool, Card Games, Cribbage, Puzzles, Chess,
Mahjong, Corn Hole, Ping Pong, Knitting,
Quilting, Socializing, Hanging out, Computers,
Browsing the Library, Suggestions

Senior Men's Breakfast
Monday, June 20, 8:00 AM

Same good food, and great company!
Still \$2 members, \$3 non-members

Foot Clinic
Thursday, June 2
Wednesdays June 8, 15, 22
Sponsored by
Lake Sunapee Region VNA & Hospice
There is a charge (\$25)
Appointments will be required!
New NUMBER! Call (603) 748-1731

June 2022 Menu
Menu is subject to change.
11:45 AM Indoor Dining
12 PM Drive through Meal

Pickup 12 to 12:30

Thurs. (2) Soup, Reuben Sandwich, Chips, Dessert

Tues. (7) Mongolian Chicken, Rice, Vegetable, Dessert

Thurs. (9) Meatball Grinder (Ken's Meatballs), Chips, Salad, Dessert

Tues. (14) BBQ Pork Chop, Roasted Potatoes, Vegetable, Dessert

Thurs. (16) **Birthday Dinner**; Brown Sugar Glazed Meatloaf, Mashed Potato, Veggie, Cake

Tues. (21) Taco Salad, Dessert

Thurs. (23) BBQ Chicken Quarter, Potato Salad, Cole Slaw, Dessert

Tues. (28) Spaghetti with Meat Sauce, Garlic Bread, Fresh Cut Salad, Dessert

Thurs. (30) Turkey and Cheese Grinder, Chips, Salad, Dessert

Call 543-5998 to reserve your meal.
Meals may be suspended temporarily
without notice.

Please return 3 compartment meal containers
for reuse after sanitization. This will reduce
costs to help us keep prices the same.

June Monthly meeting is June 7 at 1 PM
It is important for members
to attend!

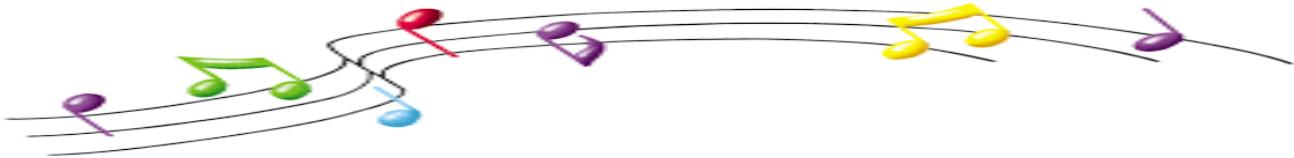
July Monthly Business meeting is July 5
at 1 PM

Wheelock Travel
34 Opera House Square
Claremont, NH 0374



For all your travel wishes and needs

Sarah Sucharzewski
604-543-0400
Email: sarah@wheelocktravel.com



Free! Free! Free! Free! Summer Concerts are BACK! At the Claremont Senior Center

6:30 to 8 PM The Band Plays On!

July 9th Firehouse 6 Dixieland Band Concert

July 30th East Bay Jazz Ensemble Concert

August 6th Bel Aires

Thank you to sponsors by Crown Point Cabinetry, Roz Caplan,
Chinberg Properties, LaValley's, and Martha Maki

HELP OUT THE KITCHEN!

We REALLY need help with Meals. Maybe once a month dinners or a couple of days a week, or a few times a month on Tuesday or Thursday. We need help with preparation, cleaning, serving. You can call, leave a note or send us an email.



Claremont Senior Center Penny Sale

Our somewhat annual Penny Sale was a huge success! COVID had everyone ready to get out and go! An estimated 160 people bought tickets, ate food and worked the event for the center. Fabulous items provided by our community members and businesses made the a success. A HUGE thank you to those businesses and individuals who made those fabulous donations. And another HUGE thank you to the organizers, solicitors, and workers for their participation.



Happy June Birthdays!
Birthstone *Alexandrite*
Flower *Rose*

Gerald Baillargeon
 George Blake
 Johnny Depp
 Virginia Dufresne
 Doris Hale
 Ted Hopkins
 Nicole Kidman
 Thomas Liveston
 Paul McCartney
 Julie Richardson
 Lorraine Strobel

Jill Biden
 Marilyn Brody
 Cindy Cleveland
 Cynthia Glidden
 Beatrice Hobbs
 Bev Janelle
 Denise Liveston
 Penny Mann
 Edward Miville
 Ted Ruest



Scammers? One more time??

A reminder once again! You will NOT get calls from government agencies asking for payments or information over the phone! Even seemingly useless information is valuable to scammers and identity thieves. If you hear from the credit card company, hang up and call the credit card company. If you get harassing calls, report them to: www.usa.gov/stop-scams-frauds. They will take action.



GENERAL
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 New England: 800-782-6565
 Nationwide: 800-562-3845
 Fax: 603-542-2978
 Website: www.generalautosalvage.com
 Email: sales@generalautosalvage.com

239 Old Newport Road
 P O Box 1100
 Claremont NH 03743-1100

**CUTOUT THIS BUTTON TO WEAR ON
 YOUR BIRTHDAY.**

Business Card Ad

Any business that would like to put a Business Card size ad in our monthly newsletter is welcome! Cost is \$200.00 per year (12 inserts). If you recruit an advertiser, we will give you a free subscription to this newsletter for as long as you are a member!



*"I'm A Disabled Veteran
 Wanting To Spend Time
 By Working For You."*

NORMAN LP SANVILLE
 NORM DOES IT ALL-MOST

603.558.2132
 PO Box 561
 Claremont, NH 03743
nsanville@comcast.net

Center Donations List

Small donations to the center help defray some of the expenses incurred in our daily operations especially regarding the kitchen and office. Members...feel free to offer suggestions to the list. Thank you for your donations!

Desperately needed ITEMS for the kitchen!

Market Basket and Hannaford gift cards	spaghetti	elbow macaroni	Chocolate chips
Sugar Cookie Mix	chocolate and vanilla frostings	pie crust	creamy peanut butter
Cake and brownie mixes	Puddings	Cans of fruit cocktail or peaches	frozen vegetables

Other still needed ITEMS!

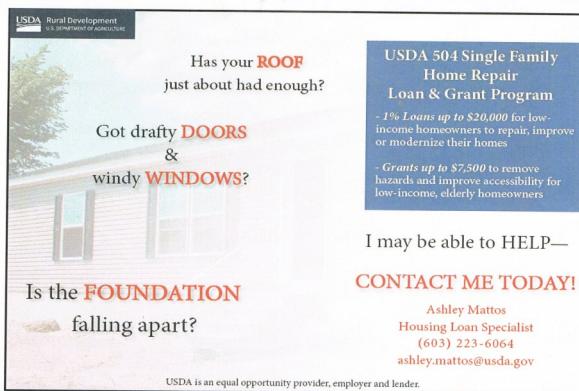
Volunteer Time	Facial Tissue	Wal-Mart Gift Card	"Forever" Post Card"	postage stamps
	Forever First class stamps		Lysol Spray	

HELP US OUT!

Want to help the center financially?
Here's how to sign up for
AmazonSmile.

We make money every time you buy!

1. Visit smile.amazon.com
2. Sign in with your Amazon.com credentials
3. Choose a charitable organization to receive donations, or search for Claremont Senior Center as your charity choice.
4. Select Claremont Senior Center as your charity
5. Start shopping!
6. Add a bookmark for smile.amazon.com to make it even easier to return and start your shopping at AmazonSmile.



Frances J. Tolles Home Complex

Private rooms with meals for Elderly Women

Apartments for Elderly Men and Women

44 Sullivan St.
Claremont, NH 03743
(603) 542-3070



Tim Maxfield

Sales Manager

(603) 542-9800 Ext. 202
@tim@fordofclaremont.com

Ford
OF CLAREMONT

We thank all our advertising sponsors.
MEMBERS – Please remember to patronize their establishments!

Get Free at-Home COVID-19 Tests

Another round of COVID tests are now available at the government COVID website, <https://www.covid.gov/tests>. Click the blue letters and your browser will take you there. You will be able to order your 3rd round of test kits. You will receive 2 boxes with four test s in each box. There is also further information at the site. If you need help ordering your test kits, ask Tom at the center. You can also call 1-800-232-0233 (TTY 1-888-720-7489). Keep yourself and others safe with a COVID test at home. They are easy to use

RENTALS AVAILABLE

Rentals are available! Tell your friends, relatives, acquaintances and, yes, even your enemies! We have rentals for many events; hourly, one day or multiple days, weddings, funeral receptions, showers, birthday parties, in the Mozden room, Owens room or the conference room (8 person capacity).

Member discount is 5% and Active Volunteer discounts may be able apply 10% to 25%! Ask at the director for information.

Thinking of joining the Center?

Come on over...we have a program for new members. Sign up for our

“One Month Trial Membership”

which means whatever date you sign up the membership will be good for one month. Come enjoy all of our programs and activities. Bring a friend. We hope you will join us after giving us a try.

Do you need food?
Call Denny Francis at 543-0551

Greetings from the Vice Chair!

June already! Half of 2022 is gone. While COVID still looms in our midst, we are adjusting our lives to return to normalcy. To that end, the Board of Directors has voted to suspend the no vaccine mask mandate. The subject was discussed at the June Board meeting ending with a 5-2 vote favoring the rescinding of the mask rule for nonvaccinated members and visitors.

Our summer is filling up with events. We have a busy Alumni weekend, St Joe's nite for Stevens High School, a yard sale in July, 3 great concerts, and capping the summer days with our spectacular Car Show. Not to mention the usual daytime and evening activities "as usual" at the center. Cards, Mahjong, Corn Hole, Horseshoes, quilting, knitting, table tennis to mention some of the things going on.

We still have lunch on Tuesdays and Thursdays. The dining room is open, and the socializing is increasing as more people are becoming aware that the dining room is open once again. Of course, we are continuing our drive through meals as we have for the past 2 years. Make your reservations as they are a MUST, and we are limiting the indoor dining to 20 for a while. We want to make sure everyone who wants to get a chance, so we may limit to one indoor experience a week. Reserving meals for both indoor and drive thru must be made by 10:30 of that day. Indoor dining serving will begin at 11:45 and drive thru will begin at 12:00 and end by 12:30. Indoor diners will **NOT** be served at the table. Instead, they will have to collect their meal at the serving window and return used dishes at the dishwashing window. At this time, beverages will **NOT** be included, so water and soda will be available for purchase or you may bring our own beverage.

Even though we are no longer requiring mask, we are welcome taking precautions to protect yourself and other seniors. If you wish to wear a mask, you are welcome to do so. We continue our cleaning and disinfecting procedures so you can feel safe enough to come in and enjoy our activities. We hope to see you soon!

Stay Safe and be happy!

Tom Liveston, Board Vice-Chair

If you have changed your mailing address, email, phone number or contact information within the last year, PLEASE let us know. We have had a number of emails and post cards returned.

Thank you for updating and taking care of this.

CHRYSLER DODGE JEEP RAM
OF CLAREMONT
CHRYSLER DODGE Jeep RAM

ERIC STICKNEY
Sales Manager

CDJR of Claremont
5 River Road
Claremont, NH 03743

(603) 543-0188 x214
@eric@cdjrofclaremont.com

www.cdjrofclaremont.com

Crafty Business

We have several members who are asking for craft activities and workshops. We have many talented members who do crafts. Are you willing to volunteer and share one or more of your crafts with everyone? Let us know; we will provide space, time, and support. Come talk to us to make it happen and make it easy for you!

603-543-3146
Fax: 603-542-9223
email: memorials@stringerfh.com

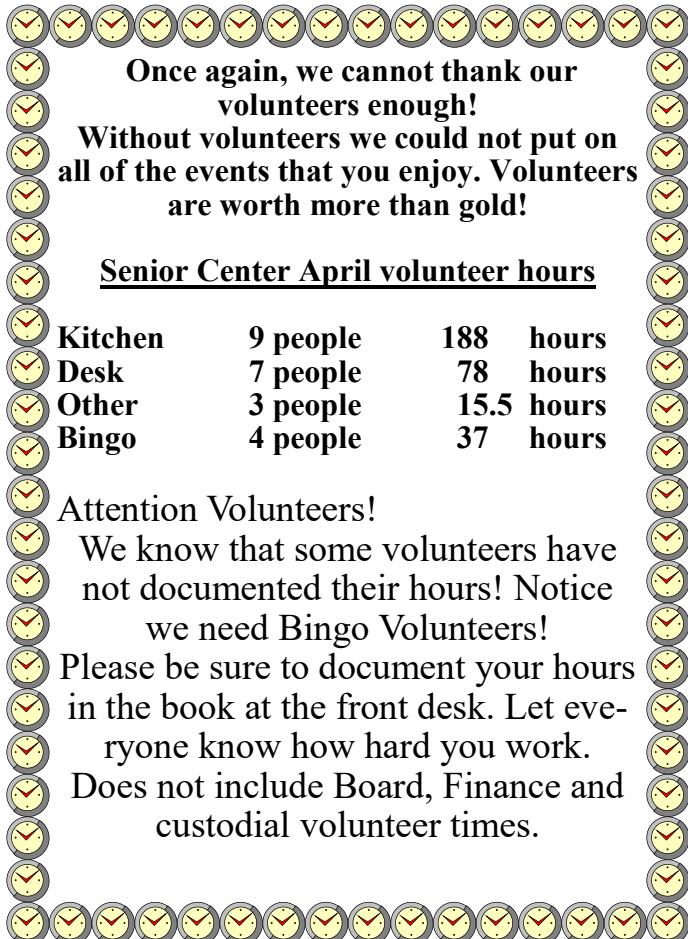
Stringer Funeral Homes,
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dchabot@townandcountryrealty.com

26 Tremont St.
Claremont, NH 03743
(603) 542-5188 Ext. 111
FAX (603) 542-6873
www.townandcountryrealty.com





211 is the number to dial when you need help or don't know where to call.

211 NH makes information much easier to find. All calls from anywhere in NH are free and confidential and you are guaranteed person-to-person assistance 24/7 with translation assistance in over 150 languages. For everyday needs and difficult times, 211 NH is your connection to thousands of resources available in NH.

211 NH is strictly information and referral. They do not provide direct services, but if you are looking for something anywhere from dog food to mental health they can point you in the right direction.

Visit www.211nh.org for additional information.



Gift Certificates . . . Give someone a great gift for a birthday, anniversary, any celebration or occasion with a \$5.00 gift certificate for a Tuesday or Thursday lunch at the center. Membership certificates also available for \$20.00.

It's here!! Daffodils in the back prove it!



Blood Drive at Claremont Senior Center

Monday, June 13, 2022; 12 to 5 PM

To make an appointment to donate Call 800-RED-CROSS or online at <https://www.redcrossblood.org/give.html/donation-time>

Blood Drive at Claremont Senior Center

Thank you for all your support on the 4/18 drive. A quick recap with some stats..

The goal was 40, 50 were collected!! The staff all said it was a great day and hardly a wait for the donors to get in.

With 50 units collected that is 120 lives saved! The next drive is scheduled for 5/9.

CLAREMONT SENIOR CENTER INC
5 ACER HEIGHTS RD
CLAREMONT NH 03743

RETURN SERVICE REQUESTED

Claremont Senior Times

Official Publication of the Claremont Senior Center, Inc.

Edited and compiled this month by Tom Liveston.

Scrutinized and proofed by many.

Highly praised by a few!

Claremont Senior Center Mission Statement

The Claremont Senior Center, Inc. is a non-profit organization registered in New Hampshire, to benefit senior citizens in Claremont and the surrounding area. This organization enhances networking and provides educational, health, nutritional, artistic, social and recreational opportunities and resources.

CLAREMONT SENIOR CENTER

CAR SHOW

CLAREMONT, NH



SUNDAY, AUGUST 28, 2022; 9am - 2pm

135 Maple Ave, Claremont, NH (Alternate Date September 21, 2022)



Show Cars \$10 (driver + passenger)

Visitors \$5 Kids 12 and under Free

Registration 9am - 12 Noon | Trophies Awarded @ 2 pm



34 SPECTATOR CHOICE TROPHIES

ANTIQUE|CLASSIC|TRUCK|SPORTS CAR|STREET ROD/ MODIFIED

MUSCLE CAR|1997 AND NEWER

MOTORCYCLE|TUNER|RAT ROD

BEST IN SHOW



DJ|Door Prizes|Food|Ice Cream|Pop Corn|Raffles



Claremont Senior Center



Claremont Senior Center Car Show

Indoor Yard Sale

Claremont Senior Center
5 Acer Heights, (off Maple Ave.)

July 22 & 23, 8 a.m. – 3 p.m.

**Help us pay for fuel this winter
Donations are greatly appreciated**

Donations may be left at the Senior Center Monday-Friday 9-3

Messages may be left at the Center 603-543-5998

Accepted Items: tools, small furniture, small appliances, glassware china, dishes, pots & pans, Christmas items, crafts, toys, jewelry, pictures/frames, movies, CD's, puzzles, linens, home decorations, etc.

Not accepted: large appliances, large furniture, mattresses, luggage, carpets and rugs, clothes, shoes, typewriters, computers, TV's, exercise equipment, skis or anything else we feel is not saleable.