



Claremont Senior Times

*Official Publication of the
Claremont Senior Center, Inc.*

5 Acer Heights Rd. ~ Claremont, NH 03743 ~ Tel. (603)543-5998

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Website: cnhcs.org

Volume 22 ~ Issue 7

Welcome Back

July 2021

Board approves new Executive Director

After more than a year without an Executive Director, the Board of Directors has hired the committee recommended candidate as Executive Director. Jim Contois served as interim Executive Director until March of 2020, and the duties of running the Center were left to the Board, primarily the Chair

We welcome Suany Travis to the Center. She brings an enthusiasm and energy to the job. She is being tutored by Denise Liveston and the staff and members to learn the operation and functions of the center and meeting with our members.

Suany came to Claremont by marrying her Claremont native husband, She grew up in Sao Paulo, Brazil, studied and taught English in the United Kingdom and taught English in Brazil and the US. She also worked in the family restaurant in Brazil.



Although very familiar with the warmth of Brazil, Suany finds winter "wonderful!". She says she has enjoyed the past 2 winters. She enjoys jogging and taking their 2 German shepherds on walks in Moody Park.

We look forward to Suany's cheery greetings and work on our behalf. Once again, welcome Suany.

Outgoing Board Members

Our Senior Center By Laws allow Board members to serve only two consecutive elected terms. After a year off the Board they may run again and serve two more terms. This year, three members who have served their terms will be leaving the Board; Denise Liveston, Shirley LaClair, and Debbie Bedard. Three candidates are running for the Board; Linda Howard, Tom Liveston, and Brenda Ruest.

Letter from the Chair:

It is hard to believe, but 2021 is half over already!

We are about to open 5 days a week and more and more members are returning to the center and meeting up with their friends and join in activities. Hopefully we will go on to participate in more activities for you.

We have several fund raisers coming up— Penny Sale, Car Show, Winter Wonderland. So many have said they can't wait for these events and to see everyone,

This will be my last letter as Board Chair. I must say when I came onboard 4 years ago I never imagined what accomplishments and difficulties the Board would encounter during my 2 terms. I want to thank all the Board members I have had the privilege to work with during these 4 years. Everyone has stepped up one way or another and donated several hours each month to make the Claremont Senior Center what it is today. Besides Board members volunteering, the Center has several more volunteers amongst our members who also have donated many hours. While the past year was a demanding and difficult year, I am happy to have put in the extra time. I leave saying thank you to all for your generous donation of time.

See you at the Center!

Denise Liveston, Board Chair

We thank all our advertising sponsors.
MEMBERS— Please remember to patronize their establishments!

Interim Director Board of Directors

Suany Travis

Chair

Denise Liveston

542-5725

Brenda Ruest

542-6644

Vice Chair

Debbie Bedard

558-3710

Dennis Francis

543-0551

Treasurer

Lloyd Mann

542-5774

Michele Bryant

543-0468

Secretary

Donna Cornett

826-3260

Marilyn Gilbert

542-5798

Shirley LaClair

542-3202

Mon. - Fri.

Tentative Schedule for our July

Saturday and Sunday

Closed

Monday

9 AM — 3PM Open for activities

Tuesday

9 AM — 3PM Open for activities

11:45 AM Drive through Lunch

1:00 PM **Membership Meeting (July 6)**

6 - 9 PM Open for activities

Wednesday

8:30 AM **Foot Clinic (July 14, 21, 28)**

9 AM — 3PM Open for activities

Thursday

8:30 AM **Foot Clinic (July 1)**

9 AM — 3PM Open for activities

11:45 AM Drive through Lunch

6 - 9 PM Open for activities

Friday

Beginning July 16

9 AM — 3PM Open for activities

Pool - Monday thru Friday (9:00AM-3 PM)

Activities during open hours:

Pool, Card Games, Cribbage, Puzzles, Chess, Mah-jong, Corn Hole, Ping Pong, Knitting, Quilting, So-cializing, Hanging out, Computer use,
Browsing the Library, Suggestions

**Monthly Center Business meeting is
Tuesday, July 6 @ 1:00.**

Coming Soon!

Our almost annual Penny Sale.

Bigger! Better than ever. **July 18.** Save the date! Tools, sports gear, kitchen and household items, curios, collectibles and more! We need volunteers! Contact the Center if you can help. We have enough items for the penny sale and we are no longer accepting items.



July 2021 Menu

Menu is subject to change.

Drive thru Takeout ONLY

Pickup 11:45 to 12:15

Thursday (1) Hamburger or Hot Dog, Potato Salad, Dessert

Tuesday (6) Tourtiere (Pork Pie), Mashed Potato, Vegetable, Dessert

Thursday (8), Taco Salad, Dessert

Tuesday (13) Chicken Fricassee, Rice, Vegetable, Dessert

Thursday (15) Meatloaf, Mashed Potatoes, Vegetable, Cake

Tuesday (20) BBQ Chicken, French Fries, Vegetable, Dessert

Thursday (22) Chicken Salad w/ Roll, Tomato & Cuke, Dessert

Tuesday (27) Ham, Mac and Cheese, Vegetable, Dessert

Thursday (29) Cold Spaghetti Salad w/ Vegetables, Watermelon

Call 543-5998 to reserve your meal.

**Meals may be suspended temporarily
without notice.**

**Please return 3 compartment meal containers
for reuse after sanitization.**

This will reduce costs to keep prices the same.

Claremont Senior Center

Announces our

Re-Open House

**Sunday, August 1; 1 to 3 PM,
rain or shine**

Door Prizes, snacks, games and Great social company. Come see our activities and meet the people involved.

Come join us!

Frances J. Tolles Home Complex

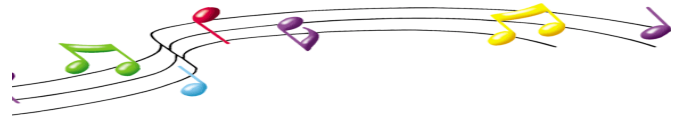
Private rooms with meals for Elderly Women

Apartments for Elderly Men and Women

44 Sullivan St.
Claremont, NH 03743
(603) 542-3070



The Claremont Senior Center, INC
Introduces OUR Summer Concert Series



Please Come and join us at
Claremont Senior Center
5 Acer Heights Rd. Claremont NH

Friday August 6th
Band: Firehouse 6 sponsored by Roz Caplan

Time: 6:30-8:00 PM **Admission is Free to the public**
6:30 until 7:30 PM **Ice Cream or Ice Cream Sundae**

July 3 East Bay Jazz Band sponsored by Crown Point Cabinetry



Dancin' at the concert



Concert crowd at the East Bay Jazz Band



RENTALS AVAILABLE

Rentals are now available! Tell your friends, relatives, acquaintances and, yes, even your enemies! We have rentals for many events; hourly, one day or multiple, weddings, funeral receptions, showers, birthday parties, Mozden room, Owens room and conference room (8 person capacity). Member and Volunteer discounts may apply! Ask at the desk for information.



Jacquie thought the lawn should be mowed for the concert. So she took care of it!

Thank you
Jacquie

Wheelock Travel
34 Opera House Square
Claremont, NH 0374



For all your travel wishes and needs

Sarah Sucharzewski
604-543-0400
Email: sarah@wheelocktravel.com

Foot Clinic
Thursday, July 1; Wednesdays July 14, 21, 28
Sponsored by Lake Sunapee Region VNA & Hospice

There is a charge (\$25)
Appointments will be required!
New NUMBER!
Call (603) 748-1731

Men's Breakfast is Back!

Monday July 19; 8 AM
Pancakes, bacon, juice and coffee.
Lousy service, great company.
Still \$2 members, \$3 guest men.
Sign up appreciated
Come in or call 543-5998

Happy July Birthdays!
Birthstone
Flower

Dan Aykroyd
 Alan Bergren
 Cynthia Densmore
 Robert Dunton
 Jamie Farr
 Tom Hanks
 Steve Lewko
 Lori Loughlin
 Richard Nelson
 Barbara Putnam
 Brenda Ruest
 Audrey Scholler

Ruby
Larkspur

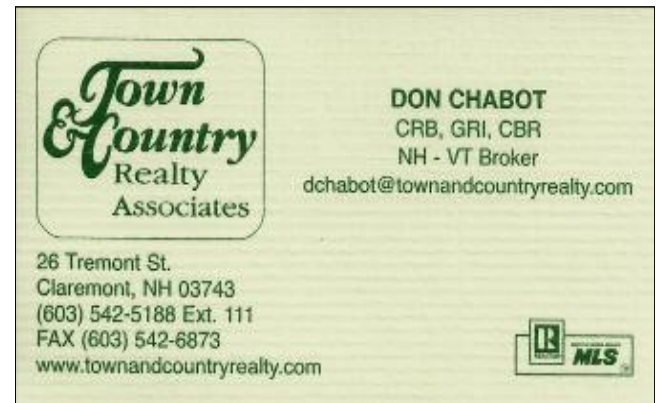
Virginia Berquist
 Liz Cheney
 Margaret Deyo
 Jill Edson
 Joyce Gogan
 Peg LaPointe
 Viola Lewko
 Angela Maynes
 Barbara Preston
 JK Rowling
 Carmina Stewart
 Carol Wilson



Are you someone who would like to organize an activity? Or a fundraiser? Help write a grant? Are you a Facebook fan who can monitor and post on Facebook? Would you like to do the newsletter? (I will gladly relinquish the responsibility!) Let us know!

A Birthday Button for you to cut out and wear on your birthday.

Do you need food?
 Call Denny Francis at 543-0551



Donations List

Small donations to the center help defray some of the expenses incurred in our daily operations especially regarding the kitchen and office. Members...feel free to offer suggestions to the list. Thank you for your donations!

Desperately needed ITEMS for the kitchen!

Market Basket gift cards bell stuffing mix spaghetti elbow macaroni
 pie fillings: apple, cherry, blueberry, mincemeat pie crust
 Sandwich or Snack size bags left over/ deli containers Turkeys
 Cans of fruit cocktail, peaches and cranberry sauce frozen vegetables

Ask Ken for other kitchen items that are needed

Other still needed ITEMS!

Lysol Spray Wal-Mart Gift Card "Forever" First class postage stamps
 Facial Tissue Disinfecting wipes

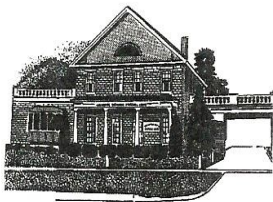
HELP US OUT!

Want to help the center financially?
Here's how to sign up for
AmazonSmile.



We make money every time you buy!

1. Visit smile.amazon.com
2. Sign in with your Amazon.com credentials
3. Choose a charitable organization to receive donations, or search for Claremont Senior Center as your charity choice.
4. Select Claremont Senior Center as your charity
5. Start shopping!
6. Add a bookmark for smile.amazon.com to make it even easier to return and start your shopping at AmazonSmile.



603-543-3146

Fax- 603-542-9223

email: memorials@stringerfh.com

Stringer Funeral Homes,
Inc. & Crematorium

Thinking of joining the Center?

Come on over...we have a new member program.

Sign up for our

"One Month Trial Membership"

which means whatever date you sign up the membership will be good for one month. Come enjoy all of our programs and activities. Bring a friend.

We hope you will join us!

Have you waited to pay your dues??...

Many members have waited to pay their dues until we reopen. Well, we are now open. Membership dues are good for 1 year. So, if your dues are not paid you will not be eligible for member benefits. You should have received a post card in the mail or an email to help remind you when your dues are up for renewal. YOU as a member are valuable to our center community and we do not want to add you to the "inactive" member list! We hope you will continue to participate in activities at the center. You can send in your dues or hand them in at lunch pickup. To all who have paid up their dues— thank you for paying your dues on time!

Senior Center Catering

Need catering for your function when
you rent at the center?
See Ken Simoneau for details!

What do you want to do?

Since the Center has reopened on a limited basis, there is a need to know what our members want

TELL US!! Drop a line via our email, seniorctr5@gmail.com, or write down what you want to happen at the center and drop it off at the desk.

Visit the Library!

We have several books in our lending library.
Come take a book.

R U Bored?

If you would like to do some yard work or clean the inside of the building, call the center, 543-5998, leave your name and number, and we will get back to you.

Business Card Ad

Any business that would like to put a Business Card size ad in our monthly newsletter is welcome! Cost is \$200.00 per year (12 inserts).



Have you seen our

Facebook page?



Claremont Senior Center, Inc.

We are trying to keep everyone informed during this crisis. We may need to post changes and information in a short notice, and this is the best way. You can reach the page even if you are not a Facebook subscriber.

Free Smoke Detector

Claremont Fire Dept is providing free smoke alarms to single family homes. If you don't have smoke detectors or they are more than 10 years old, they will install detectors for free!

Call 542-7012 or

email: cfdcode@claremontnh.com

Tom Belaire, Dep Chief, Fire Prevention



LATE MODEL AUTO & TRUCK PARTS

Local: 603-542-9595

New England: 800-782-6565

Nationwide: 800-562-3845

Fax: 603-542-2978



239 Old Newport Road

P.O. Box 1100

Claremont NH 03743-1100

Website: www.generalautosalvage.com

Email: sales@generalautosalvage.com



Daisies in the front



**American
Red Cross**

Blood
Services

Blood Drive at Claremont Senior Center

Monday, July 12, 2021; 12 to 5 PM

To make an appointment to donate

Call 800-RED-CROSS or online at

<https://www.redcrossblood.org/give.html/>

Christmas in New York City

There has been enough interest from people to continue with plans. Preliminary plans are for 2 nights and 3 days with travel to/ from Dartmouth Coach. The plan will likely include Radio City Christmas Spectacular ticket (\$250 tickets), double occupancy with breakfast included but no other meals. Tours and activities will be on your own, but individual activities can be prearranged at an additional cost. Preliminary cost estimate is for \$1000 per person.

We are looking for a firm commitment from interested people in order to see about group rates. We will need to have committed numbers by July 20th to make the trip work. If you have never been to NYC at Christmas, you have missed a great trip.

To save a committed spot, call the center and leave a message, write a note and hand it in at lunch, or email us that you are interested.



Our Amaryllis in BLOOM!
Thank you Michele!

It's puzzling!

We have two puzzles going in the lobby! Come work out the puzzling pictures in our new beautiful puzzles

We also have puzzles you can borrow or trade,. Many have been completed before! So, come and grab one!



Yellow Daisies at the front of the Center

SOUTHWESTERN COMMUNITY SERVICES VOLUNTEER DRIVERS PROGRAM

Seeking individuals with cars to provide transportation for others who need to get to appointments. Can you help?

Please Call 542-9609 for information

Zoom comes to CSC

Claremont Senior Center has acquired a ZOOM license to use for the members to connect with friends and family. Almost as good as being there.

Once again, we cannot thank our
volunteers enough!

Without volunteers we could not put on all of
the events that you enjoy. Volunteers are
worth more than gold!

Senior Center May volunteer hours

Kitchen	6 people	223 hours
Desk	2 people	59 hours
Grounds	1 person	12 hours
Other	4 people	23 hours

Attention Volunteers!

We know that some volunteers have not
documented their hours!

Please be sure to document your hours in
the book at the front desk. Let everyone
know how hard you work.

Does not include Board, Finance and
custodial volunteer times.

**211 is the number to dial when you need
help or don't know where to call.**

211 NH makes information much easier to find.
All calls from anywhere in NH are free and confi-
dential and you are guaranteed person-to-person
assistance 24/7 with translation assistance in over
150 languages. For everyday needs and difficult
times, 211 NH is your connection to thousands of
resources available in NH.

211 NH is strictly information and referral. They
do not provide direct services, but if you are
looking for something anywhere from dog food
to mental health they can point you in the right
direction.

Visit www.211nh.org for additional information.

*If you have changed your mailing address, email,
phone number or contact information within the
last year, PLEASE let us know. We have had a
number of emails and post cards returned.*

Thank you for updating and taking care of this

Crafty Business

We have several members who are asking for craft activities and workshops. We have many talented members who do crafts. Are you willing to volunteer and share one or more of your crafts with everyone? Let us know; we will provide space, time, and support. Come talk to us to make it happen and make it easy for you!



Car Show 2021 is ON!

Our 9th (almost) annual car show plans are in the advanced stages of planning.. The show will be on August 29 from 9 AM until 2 PM. There are 11 classes of entries, and we are expecting 300+ cars to be registered. A Raffle Ticket for Door prizes with every paid admission, Event T-shirts will be on sale, raffles for special items, a 50/50 cash raffle. New car dealers will be displaying their cars. Attendees will be voting for the best of each class and the Best of show..

Our food concession will include hamburgers, hot dogs, sausage and peppers, our fabulous fries, popcorn, ice cream and drinks with reasonable prices.

Claremont Senior Center Car Show has become a premier car show in the region. It is also the center's largest fundraising event.

For more information, visit the
[Claremont Senior Center Car Show](#).



Steve Spetelunas - Owner 603-542-3745
4 Second Street 603-287-4333 fax
Claremont, NH 03743 Steve@EssCorElectronics.com

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CLAREMONT SENIOR CENTER INC
5 ACER HEIGHTS RD
CLAREMONT NH 03743

RETURN SERVICE REQUESTED

Claremont Senior Times

Official Publication of the Claremont Senior Center, Inc.

Edited and compiled this month by Tom Liveston.

Scrutinized and proofed by many.

Highly praised by a few!

Claremont Senior Center Mission Statement

The Claremont Senior Center, Inc. is a non-profit organization registered in New Hampshire, to benefit senior citizens in Claremont and the surrounding area. This organization enhances networking and provides educational, health, nutritional, artistic, social and recreational opportunities and resources.