FOR IMMEDIATE RELEASE

Understanding the "Why" of Diving Just Got Easier: SSI Launches Fully Redesigned Science of Diving Program

DELRAY BEACH, FL – [March 10, 2026] SSI is excited to announce the release of its **fully updated and enhanced** Science of Diving specialty program, delivering a modern learning experience designed to make dive theory clearer, more engaging, and easier for instructors and Training Centers to teach the "why" behind every dive.



The Science of Diving program has long been considered one of the most valuable knowledge-based courses in diver education. With this latest update, SSI has **fully revised the program structure** to provide cleaner explanations, practical real-world examples, and lesson-based objectives that simplify course planning for instructors while improving comprehension for students. One of the revised program's main objectives is to help divers connect core scientific concepts directly to their underwater experiences.

The program covers five essential knowledge areas including **physics and chemistry, decompression theory, anatomy and physiology, equipment, and the diving environment**—all presented in a practical, diver-friendly format designed to improve comprehension and engagement.

In addition to improved student learning, the updated program also features **expanded instructor content**, providing dive professionals with stronger teaching resources and better preparation tools when delivering the course.

Beyond its educational value, Science of Diving remains a key milestone in the SSI training system. The course serves as a **prerequisite for the SSI Divemaster program** and also contributes toward multiple **SSI recognition ratings**, making it an essential step for divers who want to continue advancing in their training.

For SSI Training Centers, the course provides a flexible and accessible continuing education opportunity. Because **no open-water dives are required**, Science of Diving can be offered year-round through classroom or digital learning formats, making it an ideal addition to any center's education calendar.

Now available to Open Water Divers and above, the newly updated Science of Diving program reinforces SSI's commitment to delivering **the most comprehensive diver education system in the industry**.

For more information, visit **www.divessi.com** or contact your local SSI Training Center.