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DAN Launches Psychological First Aid E-Learning Course

DURHAM, NC — Divers Alert Network® (DAN®) has announced the release of a new e-learning course, Surface Support: Navigating Trauma After a Dive Incident. This free online course is designed to provide divers with a foundational understanding of how stress and trauma can affect both themselves and others after a dive incident.

Standard dive and first aid training focuses on the physical management of an incident, such as towing an exhausted diver or administering emergency oxygen. Surface Support's curriculum builds on these essential skills by addressing the mental recovery process that follows a real-life emergency.

"Risk is an inherent part of diving," said Francois Burman, Vice President, Safety Services, at DAN. "While we strive to prevent incidents and train to manage emergencies, accidents do occur, and their psychological consequences can linger long after the moment of crisis has passed. This course provides post-incident support strategies for anyone who may be struggling in the aftermath of an event."

By adding psychological first aid to their toolkits, divers can prepare to navigate the emotional impact of an emergency — whether they are an injured diver, a rescuer, or a bystander. While not intended to replace professional mental health care, this course is designed to be practical and informative for divers of all levels, from open water students to dive professionals.

Surface Support: Navigating Trauma After a Dive Incident is now available to all DAN members via DAN E-Learning. To take the course or enroll, visit DAN.DiverELearning.com.

About DAN: The world's most recognized and respected dive safety organization, Divers Alert Network (DAN), has remained committed to the health and well-being of divers for 46

years. The organization’s research, medical services, and global-response programs create an extensive network that supports divers with vital services such as injury prevention, educational programs, and lifesaving evacuations. Every year, hundreds of thousands of divers around the world look to DAN as their dive safety organization. Join the DAN community or learn more at DAN.org.