



*Stearns Park in Columbus, NC, features sunflowers representative of lives and potential lost daily to suicide, substance abuse and addiction. The memorial will be on display through September.*

# Walk/Remembrance

END THE SILENCE AND STIGMA OF MENTAL ILLNESS. SHINE HOPE ON THOSE WHO SUFFER.



**Saturday, Sept. 21**

**5:00-7:00 p.m.**

**Harmon Field**

**6:30 p.m. dove release remembering  
those who have lost their battle**

**Join us for the Tenth Annual Walk/Remembrance at Harmon Field.**

**Free t-shirts, food, candles and children's activities will be provided at this family friendly event.**

**Local organizations will be available with helpful resources.**

**Questions? Contact Mary Wells Prioleau: 828-899.9699 or visit Do Not Lose Hope on Facebook**

