

I'm excited to begin my second year at EHS as the Prevention-Interventionist from Youth Eastside Services. This year I will be in a new location - **Room C236B**. I will be in my office on **Tuesdays, Wednesdays and Thursdays**.

Some of the services I provide at Eastlake are:

- * Alcohol & other drug screenings & referrals to community resources
- * Facilitation of drug awareness activities
- * Classroom presentations
- * General awareness for staff, PTSA, the community:
- * Drug abuse trends – “Did You Know” facts about drug use will be read during homeroom and sent out in parent communications
- * How to recognize a student of concern, and the referral process
- * Individual sessions with students/parents/families
- * Group sessions with students:
 - * Prevention Group - for students to promote leadership throughout the school to make healthy decisions surrounding no drug, alcohol, tobacco use and no violence or bullying.
 - * Affected Others – for students who are impacted by a family member’s drug/alcohol use
 - * Healthy Choices - for students struggling with alcohol or other drug use or experimentation and are looking for coping skills, support, and alternatives
 - * Nicotine cessation sessions – for students who need support to not smoke, chew or vape nicotine

If you are concerned that your teen may be using substances or is impacted by someone else’s use, please refer them to me. You can refer students by email, by phone, or in person. I will let you know once I have followed up with your referral. However, due to very strict Federal Confidentiality Laws, I cannot update you on the student’s progress unless they have placed your name on a signed a consent form.

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